

*Metaphysical Times*

# FULL MOON

ISSUE 4 JULY 2022

MAGAZINE

**Kali: The  
Dark  
Goddess  
and Divine  
Mother**

**Fiction: The  
Prisoner**

by Lana M. Rochel

**Sacred Spaces from  
Around the World**

# FULL MOON MAGAZINE

## Want to write for Metaphysical Times and Full Moon Magazine?

Metaphysical Times and Full Moon Magazine are looking for quality metaphysical and pagan content for our paper. We serve a large pagan audience and would like to be the pagan community's #1 News Source.

**What We Want:** Neutral news based articles relating to pagan holidays, metaphysical shop openings, new services available, and reports about and from events that are open to and accepting of the pagan community. Text based interviews with pagan business owners, musicians, artists, and authors are also acceptable.

Column writers are welcome to submit a request to write a column for the Metaphysical Times by emailing [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com) with Column Offer in the subject line. Do not send article submissions to [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com). They will be rejected.

**What We Don't Want:** political rants or screes, satire, stories blaming your problems on other people, articles involving cruelty as entertainment, anything comparing your life to the holocaust, articles about how everything was fine until X, articles promoting violence against any group.

We are creating a new space for art, personal narratives, and articles with topics about the moon, its deities, fictional stories, and poetry.

The submission process and the rate of pay for these submissions published in the new space will be the same.

You will be notified upon acceptance where your article is going to be placed (in the newspaper or in the new space) with more information about the new space.

Readings of any kind are no longer being accepted for the print version of the newspaper. If you do astrology, runes, or other types of readings and have interest in writing a column in an upcoming monthly space, please email [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com) and put Reading Column Request in the subject line. Do not send article submissions to [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com). They will be rejected.

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**Payment:** \$0.05 USD per word up to 600 words after editing. Maximum word count accepted is 1,000 words but payment is made for only 600 words, and excludes title, byline, and bio.

A PayPal email address must be specified to receive payment via PayPal. We do not assume that email addresses are always attached to a PayPal account. If a PayPal payment is preferred, please include "PayPal Address is \_\_\_\_\_" at the top of your submission. If this information is not included, a paper check will be mailed with your complimentary copy of the issue your article is published in.

Payment, via paper check or PayPal will be processed on the 7th day following the publication date of your article. This is to ensure that payment processing gets our full attention and things don't get missed. We appreciate your understanding of this change.

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### Submission Guidelines

Submissions: We will only accept submissions online and according to these submission guidelines. **Submissions should be 300 to 1000 words. Include a bio, your pronouns, and one link to where readers can connect with you.** Format your submission in standard manuscript format and include your physical and email address in the body of your emailed submission. Submissions without this information will be rejected. Please add [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com) and [MetTimesSubmissions@gmail.com](mailto:MetTimesSubmissions@gmail.com) to your whitelist otherwise our emails to you may go to spam. This is for acceptances and follow up correspondence only. Do not send article submissions to [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com). They will be rejected.

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### Metaphysical Times Full Moon Submission Deadlines 2022

2022 Issues	Publication Date	Contributor & Ad Deadline
Seed Moon	April 1st	March 15th
Hare Moon	May 1st	April 15th
Dyad Moon	June 1st	May 15th
Mead Moon	July 1st	June 15th
Wyrt Moon	August 1st	July 15th
Barley Moon	September	1st August 15th
Blood Moon	October 1st	September 15th
Snow Moon	November 1st	September 15th
Oak Moon	December 1st	November 15th

The Metaphysical Times **Full Moon Magazine** is a pagan print and online magazine made in Northern, Utah bringing news, interests, and services to the pagan community in the US and abroad.

The magazine is printed monthly. This publication is a conduit for connecting people from all walks with the new, information, and entertainment that matters to them.

\*Reader Advisory- Mature Content\*

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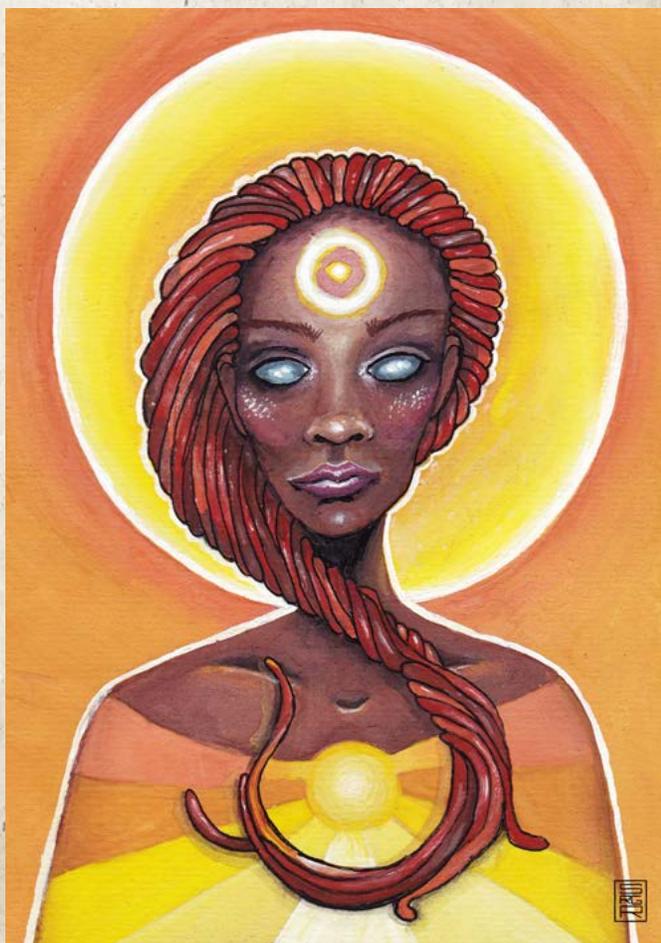
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The Summer Lady by Sabrina RG Raven

# KALI

## THE DARK GODDESS AND DIVINE MOTHER

BY LIZ LAW

Her face is a mask of untethered rage. Her hands are filled with the weapons of the gods and bloody trophies of victory. Yet in all her savage darkness, she is recognized as a divine mother, nurturing us through ruin and teaching us the necessity of destruction.

Kali is a dual-natured goddess. She is the devastation of a flood, unrooting all that is better left behind and gifting the divine grace of release. She is the fierce white-hot rage of retribution, bringing the focus and ferocity to cut ties with that which no longer serves.

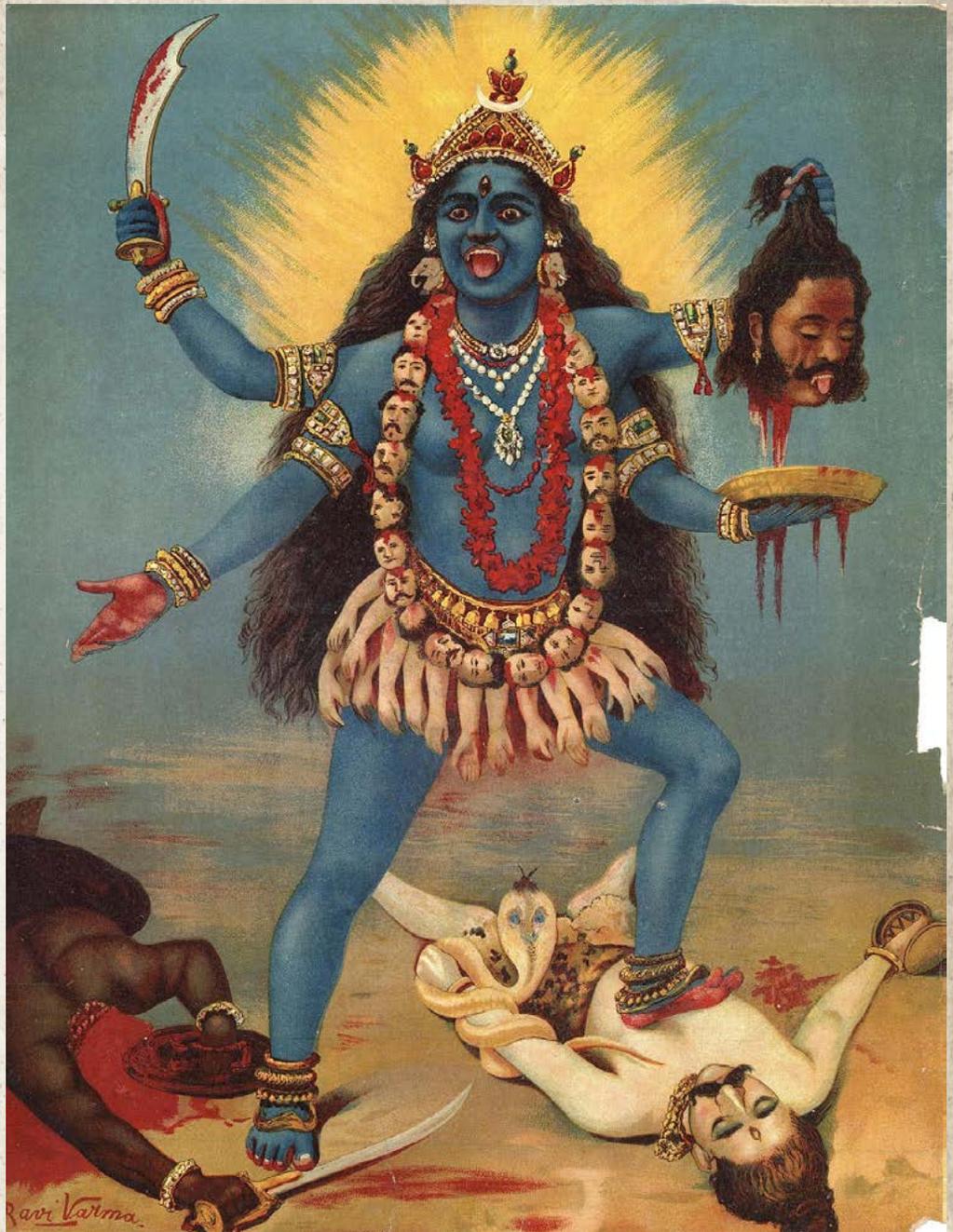
She is the mother of unmooring and she comes bearing the fire of renewal.

Kali devours illusions with indiscriminate voraciousness. She is the essence of the unapologetically fierce woman. She is powerful enough to transcend time and bring the universe back to its primordial roots of boundless creation. Her destructive nature is tempered through the love shared with her counterpart Shiva. In the era of #metoo and Johnny Depp v. Amber Heard, she has made her presence known by giving voice to previously silent victims and shining light on the toxicity of manipulation.

Connecting with Kali means burning off all that is weak and twisted. Those who are ready to face and release their ego and step into rapid transformation and growth will find connecting with Kali a powerful experience. She can teach us to let go, to free our spirits from false beliefs, and to root ourselves in passions instead of pleasure.

Connecting with her can be done by first sitting or lying in a comfortable position and keeping the back straight. Breathe deeply through the nose, drawing breath all the way down the body and envision it swirling in the root chakra. Bring the breath back up through each chakra and, opening the mouth wide and sticking out the tongue, release it quickly with a forceful sigh.

Hhhhhhaaaaaahhhhhh



Samhara Kali by Raja Ravi Varma

Again.

Hhhhhhaaaaaahhhhhh

Repeat this breathing technique and ask Kali to bring her wisdom and guidance, to illuminate and immolate the illusions of ego – with grace and ease, of course.

The process of connecting with Kali can grant one mastery of time, as so little of it will continue to be wasted on things better left in ashes. Prepare to shed shame,

insecurity, and fear. Kali will show you that loss is often a precursor to creation and joy.

Bio: Liz is a Reiki master with talents for reading tarot, interpreting dreams, and communicating with interdimensional entities. Her current role is to assist and guide humanity during spiritual awakening by sharing her experiences and gifts.



The Empress by spirit was none of 'bluffers.  
 Yet, 'witches from the castle would bustle,  
 would shuffle cards, would tussle  
 for domineering the Kingdom of the Doom.  
 They made Prince think his heart had no room  
 for 'foreign lover he had run into but gloom.  
 Poisoning his blood with thought that it was blue,  
 they cast a spell on him until again they two  
 could see each other face-to-face someplace.  
 The haughty maidens hid Aurora's photos,  
 and fed Prince with the roots of drowsy Lotus,  
 for him to be unable 'cut the knot with justice sword.  
 The misty castle in the woods  
 became a prison full of goods  
 to 'guy who used to feel upbeat  
 next to his lover on 'love seat.  
 For fear of the prejudice,  
 he hung up on 'sui generis\*.  
 The jewel in his crown, Aurora,  
 had been deleted from his aura.

### CHAPTER 3 - WHEN ALL THE SAINTS ARE BACKING

The night before November 1st,  
 uplifted by the growling sound,  
 the witches left for mascaraed  
 to join 'excited town crowd.  
 Meanwhile, a bunch of kids  
 approached the door of 'gloomy castle.  
 They were saying, 'Trick or treat.'  
 The woods got rustle.  
 Collecting treats left on the porch,  
 the children headed further.  
 Undone, Prince didn't feel like having fun,  
 for some reason or other  
 All of a sudden, 'fierce wind  
 ripped the front doors open,  
 revealing on the castle's porch  
 a lady's hair brooch. Unspoken,  
 the brooch had letter "A" on it.  
 With flooding body heat,  
 the heart of frozen lover skipped a beat.  
 'What's good in life without love?  
 Why do I waste it torn to pieces?



## CRYPTOZOLOGY CORNER

### Manticore

Origin: Persian

Appearance: Most often seen with the body of a lion and a vicious tail of porcupine quills or resembling a scorpion tail, this fearsome creature can also be found with a humanoid head.

Skills: The Manticore is capable of speech, with some experts comparing it to the Sphinx of Egyptian mythology.

It can also fire poisonous darts from its tail (or sting if the scorpion tailed version)

The Manticore comes from the words meaning Man Eater, which is appropriate as it is known to devour its victims whole, not leaving a trace behind.



BY SABRINA RAVEN

# KITCHEN WITCH'S CAULDRON VEGAN APPLE PROSPERITY CAKE



### Ingredients

2 cups of self raising flour  
4 tablespoons of oil (I use grapeseed)  
1 cup of sugar  
1 teaspoon of cinnamon  
4 medium sized green apples  
Water  
Extra cinnamon and sugar to coat or powdered sugar to dust



### Method

Mix flour, oil, cinnamon and sugar in a bowl with enough water to form a pancake batter consistency.

Peel and chop apples into 1 inch chunks.

Toss apples into the batter. It should coat the apples and still be enough to cover them.

Pour into a papered cake tin. You may need more batter if your apples are large. The batter should just cover them.

Coat with a layer of cinnamon sugar if you are wanting a cinnamon crunch (if not leave off).

Cook on 320F/160C till a knife comes out clean.

If coating with powdered sugar, wait until cake is cool to dust.

### Notes

This is a dense cake so works well with gluten free self raising flour blends without too much of a change to intended texture.

Great with a cup of tea.

Apples have long been used as a symbol of prosperity, so eat and enjoy with intention and may prosperity bless you.

## BOOK SPOTLIGHT

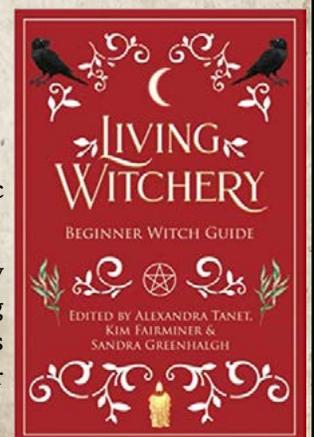
### Living Witchery Beginner Witch Guide

by Alexandra Tanet, Kim Fairminer, Sandra Greenhalgh

Would you like to learn how to enrich your life with magic and spirituality?

*Living Witchery: Beginner Witch Guide* is perfect for new witches and those seeking to consolidate their existing knowledge. Based on time-tested coven traditions, this edited volume includes a broad range of topics essential for the beginner witch.

Publisher: Byrning Tyger Language: English Paperback: 250 pages



# SACRED SPACES FROM AROUND THE WORLD

PART ONE  
BY NIXIE VALE

## What is a sacred space?

A sacred space/site is a location that is distinguished as one of religious or spiritual practices. Many of these locations can be found all over the world. Many have a special energy that is not found in other places because over many years people have visited these places and believed. Many visitors and believers from all over the world say there is something different at these locations but they cannot call to mind. This is where the connection to the spirit or divine is recognized. The following list has sacred spaces from all over the world.

### Amaranth, Kashmir

It is believed that it was in a cave here that Lord Shiva imparted the secrets of creation to Parvati.

### Angkor Wat, Cambodia

This site holds the world's largest religious structure and consists of over 1000 buildings dedicated to the god Vishnu.



### Avebury, England

According to UNESCO Avebury is the largest prehistoric stone circle in the world and is roughly the same age as Stonehenge.

### Bath, England

The springs that are found in Bath were sacred to the Roman goddess Sulis and were reported to have magical properties. The pools have been found to contain hundreds of gold coins. Between the 17th and 19th Century rich people from all over England would travel to Bath to partake in the healing powers of the baths.

### Blue Grotto, Capri, Italy

This amazing cave seems to shine with a blue light. Roman statues were found in the grotto. It was considered a site of religious celebration.

### Calanais Standing Stones, Scotland

These standing stones are believed to predate Stonehenge and stand as a magnificent example of neolithic monuments. The site has drawn people to the Isle of Lewis for thousands of years.

### Copan, Honduras

This site was once the capital city of the Mayan people. After a large disaster in 738CE and others around the same time, the Mayan people left the site. It is believed that the Mayan people used the site for annual rites which would improve a priest's ability to connect to spirits and receive guidance.



### Denali, Alaska

The name Denali means "the high one" and the mountain itself plays an important role in creation myths of the Koyukon Athabaskan. Recently the mountain's name has been changed from Mount McKinley back to the original name of Denali.

### Easter Island Heads

The heads of Easter Island raise many questions, but it is believed that when a chief died it was important their "mana" (magical ability/power) was not lost. These heads were built as a way for this "mana" of the ancestor to be transmitted.



### Enchanted Rock, Texas

There are many tales about this area, but ghosts of people who died here have been seen. Strange lights and unnatural sounds have been seen and heard in the area.

### Externsteine, Germany

This unusual rock formation is made of Sandstone, and unlike many other megalithic sites around the world, was once a natural formation which was altered by humans.

### Giza Plateau, Egypt

The site of one of the Seven Wonders of the World, the Giza Plateau is home to the Great Pyramid, and there has been many discussions about the purpose of this site regarding astrology, psychic



activities, energy transmission and other philosophies.

### **Glastonbury, England**

There are many legends that center around Glastonbury from the fabled site of the Holy Grail to the last resting place of King Arthur and the entrance to the mystical Avalon. Glastonbury has several spiritual sites from Glastonbury Tor and Chalice Well.

### **Knossos, Crete**

This is the place where the infamous Minotaur legends took place, as well as a traditional site for the worship of Rhea.



### **Mammoth Cave, Kentucky**

There are Calcite crystals in this cave with vaulted ceilings. This cave has the ability to resonate and many believe it can create a womb of energy.

### **Monte Alban, Mexico**

This region has housed a ceremonial site which includes an observatory almost perfectly aligned with the Southern Cross.

### **Mount Nyiro, Kenya**

This mountain is sacred to the Samburu people of Kenya and is a place where many of their sacred rituals take place.

### **Niagara Falls**

Native Americans called them the “thundering falls.” Warriors from the Iroquois tribe worshiped at the falls in hopes of strengthening their courage, vitality and will.

### **River Ganges**

The Ganges River is extremely sacred to Hindus and is believed as the personification of the goddess Ganga. Hindus believe that bathing in the river during certain times of the year can cause forgiveness of the transgressions of life and helps attain salvation. There are some Hindus that believe that the river Ganges flows from heaven to purify humanity.

### **Ruins of Delphi**

These ruins are believed to be of the temple to Apollo, where the Oracle of Delphi lived. She was famed for being able to divine the future and was consulted by the rich and poor before major events had occurred.



### **Ruins of Petra**

Petra was built by the Nabataean people for the sun to “illuminate their sacred sites”. Petra was a stopping point for traders, and as the trade routes grew so did Petra. It has been seen in movies like Indiana Jones and Transformers.

### **Stonehenge, England**

The stones of Stonehenge are aligned with the rising/setting of the sun at certain times of the year, it is believed that it was built as a symbol of peace and unity. There is evidence that people from all over the British Isles came to help build the great stone circle and celebrate there during its creation.



### **Temple of Karnak, Egypt**

The temple at Karnak is one of the oldest sacred sites in the world, and it was not built by just one group, each successive Pharaoh would add a temple to the complex. The temple at Karnak was not built for the glory of people, rather for the glory of the god Amon. Its scale is also godly.

### **Tigh na Cailleach, Scotland**

This is a site that is hidden in a remote glen in Scotland. It is believed to be a site sacred to the Mother Goddess, Cailleach.

**Stay tuned for  
Part Two in the  
next issue...**

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