

*Metaphysical Times*

# FULL MOON

ISSUE 6 SEPTEMBER 2022

MAGAZINE

**Wild in Nature by  
France Marie Karlsen**

**Kitchen Witch's Cauldron:  
Herb Roasted Chicken**

# Colorology and Crystals

# FULL MOON MAGAZINE

## Want to write for Metaphysical Times and Full Moon Magazine?

Metaphysical Times and Full Moon Magazine are looking for quality metaphysical and pagan content for our paper. We serve a large pagan audience and would like to be the pagan community's #1 News Source.

**What We Want:** Neutral news based articles relating to pagan holidays, metaphysical shop openings, new services available, and reports about and from events that are open to and accepting of the pagan community. Text based interviews with pagan business owners, musicians, artists, and authors are also acceptable.

Column writers are welcome to submit a request to write a column for the Metaphysical Times by emailing [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com) with Column Offer in the subject line. Do not send article submissions to [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com). They will be rejected.

**What We Don't Want:** political rants or screes, satire, stories blaming your problems on other people, articles involving cruelty as entertainment, anything comparing your life to the holocaust, articles about how everything was fine until X, articles promoting violence against any group.

We are creating a new space for art, personal narratives, and articles with topics about the moon, its deities, fictional stories, and poetry.

The submission process and the rate of pay for these submissions published in the new space will be the same.

You will be notified upon acceptance where your article is going to be placed (in the newspaper or in the new space) with more information about the new space.

Readings of any kind are no longer being accepted for the print version of the newspaper. If you do astrology, runes, or other types of readings and have interest in writing a column in an upcoming monthly space, please email [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com) and put Reading Column Request in the subject line. Do not send article submissions to [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com). They will be rejected.

**Rights:** One time Print rights in 1 issue of the Metaphysical Times newspaper and/or the Metaphysical Times Full Moon, and electronic rights. Reprints accepted.

**Artwork/Photos:** Art or photos should be submitted at 300 dpi in jpg format to [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com). DO NOT PUT IMAGES IN YOUR SUBMISSION. You will need to ensure that you either own the rights to, or have permission from the image's creator to be used in print and digital formats by Metaphysical Times upon acceptance.

**Payment:** \$0.05 USD per word up to 600 words after editing. Maximum word count accepted is 1,000 words but payment is made for only 600 words, and excludes title, byline, and bio.

A PayPal email address must be specified to receive payment via PayPal. We do not assume that email addresses are always attached to a PayPal account. If a PayPal payment is preferred, please include "PayPal Address is \_\_\_\_\_" at the top of your submission. If this information is not included, a paper check will be mailed with your complimentary copy of the issue your article is published in.

Payment, via paper check or PayPal will be processed on the 7th day following the publication date of your article. This is to ensure that payment processing gets our full attention and things don't get missed. We appreciate your understanding of this change.

Requests to change payment method must be sent via email to [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com) no later than 3pm on the 6th day after publication. The sooner the better.

### Submission Guidelines

Submissions: We will only accept submissions online and according to these submission guidelines. **Submissions should be 300 to 1000 words. Include a bio, your pronouns, and one link to where readers can connect with you.** Format your submission in standard manuscript format and include your physical and email address in the body of your emailed submission. Submissions without this information will be rejected. Please add [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com) and [MetTimesSubmissions@gmail.com](mailto:MetTimesSubmissions@gmail.com) to your whitelist otherwise our emails to you may go to spam. This is for acceptances and follow up correspondence only. Do not send article submissions to [editor@metaphysical-times.com](mailto:editor@metaphysical-times.com). They will be rejected.

You will get an email on acceptance for the current publication. Due to print limitations, articles may be held to be published in a later issue or other format, if the current issue is full.

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### Metaphysical Times Full Moon Submission Deadlines 2022

2022 Issues	Publication Date	Contributor & Ad Deadline
Seed Moon	April 1st	March 15th
Hare Moon	May 1st	April 15th
Dyad Moon	June 1st	May 15th
Mead Moon	July 1st	June 15th
Wyrt Moon	August 1st	July 15th
Barley Moon	September	1st August 15th
Blood Moon	October 1st	September 15th
Snow Moon	November 1st	September 15th
Oak Moon	December 1st	November 15th

The Metaphysical Times **Full Moon Magazine** is a pagan print and online magazine made in Northern, Utah bringing news, interests, and services to the pagan community in the US and abroad.

The magazine is printed monthly. This publication is a conduit for connecting people from all walks with the new, information, and entertainment that matters to them.

\*Reader Advisory- Mature Content\*

Contact (385) 326-5488

[www.metahysical-times.com](http://www.metahysical-times.com)

**Publisher:** Christy Mann

[publisher@metaphysical-times.com](mailto:publisher@metaphysical-times.com)

**Full Moon Editor:** Sabrina RG Raven

**Lead Editor:** Emily Thornton

[editor@metaphysical-times.com](mailto:editor@metaphysical-times.com)

**Layout/Design Manager:** Sabrina RG Raven

**Webmaster:** Michael Slosson

**Northwest Regional Distribution**

**Manager:** Rick Tschauder

**Ads and Logistics:** Henry Dalton

[ads@metaphysical-times.com](mailto:ads@metaphysical-times.com)

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The Autumn Lady

The Autumn Lady by Sabrina RG Raven

# COLOGROLOGY AND CRYSTALS

BY NIXIE VALE

Color plays a part in the energy of the crystal. I firmly believe we are drawn to crystals via their vibrational frequencies. When it comes to crystals, I think (believe) they can be placed into thirteen categories: Red, Orange, Yellow, Green, Turquoise, Blue, Indigo, Violet, Pink/Magenta, Black, White, Grey and Brown - these are only rough groupings based on Color frequency rather than in relation to the chakra centers or any other form of groupings.\*

## RED CRYSTALS



Fire Agate, Red Amethyst, Bloodstone, Dragon's Blood Calcite, Red Calcite, Cinnabar, Crocoite, Cuprite, Garnet, Almandine Garnet, Red Sandstone, Red Jasper, Mookaite, Harlequin, Quartz, Red Phantom Quartz, Rhodochrosite, Rhodonite, Ruby, Tiger Iron, Tugtupite, Vanadinite, Red Zircon and Zincite.

## YELLOW CRYSTALS



Citrine, Yellow Jasper, Honey Calcite, Amblygonite, Anatase, Sunshine Aura Quartz, Astrophyllite, Anxite-Mangano, Heliodor, Brazillianite, Angel Wing Calcite, Cancrinite, Chrysoberyl, Datolite, Yellow Diamond, Golden Enstatite, Yellow Fluorite, Grossularite Garnet, Hanksite, Yellow Jade, Yellow Flash Opal, Opriment, Petalite, Citrine Spirit Quartz, Yellow Quartz, Golden Healer, Golden Scapolite, Schalenblende, Sectarian, Sphalerite, Stellerite, Sulphur, Titanite, Imperial Topaz, Yellow Topaz, Vesuvianite, Zincite, Zircon, Lemon Calcite

## ORANGE CRYSTALS



Orange Calcite, Orchid Calcite, Carnelian, Sunstone, Stilbite, Sardonyx, Vanadinite, Hessonite, Goldstone, Zincite, Amber, Aragonite, Tangerine Quartz, Tangerine Aura Quartz, Cancrinite, Celestobarite, Baked Amethyst, Spessartine Garnet, Hureaulite, Karibibite, Mookaite, Sphalerite, Stellerite, Orange Topaz, Imperial Topaz, Fire Opal, Fire Agate

## GREEN CRYSTALS



Dyed Green Agate, Agrellite, Green Tourmaline, Ajoite, Watermelon Tourmaline, Amazonite, Triphylite, Green Amethyst, Green Apatite, Apophyllite, Atacamite, Unakite, Atlantisite, Variscite, Green Serpentine, Apple Aura Quartz, Aventurine, Vesuvianite, Baryte, Vivianite, Bloodstone, Wavelite, Boracite, Zoisite, Brazilianite, Zincite, Brucite, Zircon, Green Calcite, Cerussite, Chrysoprase, Chrysoberyl, Chrysocolla, Chrysotile,

Clinoclase, Diopside, Dioptase, Emerald, Epidote, Green Fluorite, Fuschite, Aegirine, Galaxite, Grossular Garnet, Uvarovite Garnet, Gaspeite, Talc, Gypsum, Smithsonite, Green Goldstone, Hiddenite, Sesame Stone, Jade, Serpentine, New Jade, Seraphinite, Ocean Jasper, Kambaba Jasper, Kiwi Jasper, Titanite, Dragonsblood Jasper, Moss Agate, Green Tiger's Eye, Tree Agate, Green Onyx, Tree Jasper, Peridot, Kammerite, Ovaline, Green Kyanite, Prasiolite, Labradorite, Prehnite, Lakelandite, Presli BlueStone, Malachite, Rhyolite, Mariposite, Ruby in Fuschite, Ruby in Zoisite, Moldavite, Pistachio Calcite

## BLUE CRYSTALS



Blue Lace Agate, Ajote, Angelina, Aquamarine, Blue Aragonite, Blue Barite, Celestite, Blue Chalcedony, Chrysocolla, Dumortierite, Blue Fluorite, Hemimorphite, Kyanite, Lapis Lazuli, Karrimor, Pietersite, Smithsonite, Sodalite, Blue Topaz, Blue Tourmaline, Blue Obsidian, Apatite, Blue Calcite, Tanzanite, Blue Opal, Blue Siderite, Aqua Aura Quartz, Blue Tiger's Eye, Presli Bluestone, Iolite, Papagoite, Sapphire, Chalcantithite and Cavansite, Caribbean Calcite

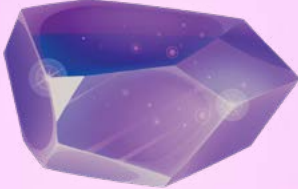
\*Nixie's Note: these groupings are based on my own preferences for color work with crystals. Please keep in mind I am ONLY grouping them by COLOR and nothing else.

## TURQUOISE CRYSTALS



Turquoise, Turquinite (dyed howlite), Aquamarine, Ajoite, Blue Aragonite (Green/Blue tones), Amazonite, Chrysocolla, Larimar, Quantum Quattro.

## INDIGO CRYSTALS



Indigo Gabbro, Tanzanite, Sodalite, Lapis Lazuli, Apatite, Blue Goldstone, Titanium Aura Quartz, Dyed Blue Agate, Iolite, Shattuckite, Labradorite, Dumortierite, Sapphire, Blue Diamond, Blue Spinel, Blue Tourmaline, Blue Aragonite, Benitoite, Lazulite, Chrysocolla, Dark Blue Fluorite, Blue Boulder Opal, Blue Andean Opal, Lazulite Quartz, Plancheite, Venus Fluorite, Cavansite, Darker Hues of Chalcedony, Indicolite, Euclase, Blue Aventurine, Paraiba Tourmaline, Darker Kyanite pieces, Blue Tiger's Eye.

## LAVENDER AND VIOLET CRYSTALS



Prairie Tanzanite, Grape Chalcedony, Rhodolite Garnets, Violet Hued Rubellite, Cacozenite, Amethyst, Chevron Amethyst, Vera Cruz Amethyst, Violet Spirit Quartz, Ametrine, Violet Apatite, Purple Stichite, Lavender Aura Quartz, Charoite, Diopside, Dumortierite, Erythrite, Purple Fluorite, Hackmanite, Iolite, Dyed Purple/Lilac/Lavender Jade, Kammererite, Kunzite, Lepidolite, Violet/Purple/Lilac Opal, Purpurite, Brandberg Amethyst, Purple/Violet Sapphire, Smithsonite, Lavender Spinel, Super Six, Super Seven, Tanzanite, Violet Flame Opal, Vesuvianite, Purple Variscite, Purple Zoisite

## PINK CRYSTALS



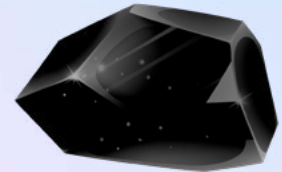
Dyed Pink Agate, Rose Aura Quartz, Ruby Aura Quartz, Candy Aura Quartz, Cobalto Calcite, Mangano Calcite, Celestobarite, Pink Chalcedony, Danburite, Pink Diamond, Pink Dumortierite, Erythrite, Pink Aragonite, Raspberry Garnet, Hackmanite, Halite, Hilutite, Hureaulite, Dyed Pink Jade, Kunzite, Pink Moonstone, Morganite, Phenakite, Pink Opal, Orthoclase, Dyed Pink Pearls, Petalite, Spodumene, Pollucite, Scapolite, Rose Quartz, Star Rose Quartz, Rhodochrosite, Rhodonite, Dolomite, Pink Garnet, Ruby, Star Ruby, Pink Sapphire, Smithsonite, Pink Spinel, Stellerite, Datolite, Stilbite, Thulite, Pink Topaz, Pink Tourmaline, Watermelon Tourmaline, Tugtupite, Malaya Garnet, Zircon, Pink Apatite. Magenta Crystals include: Fluorite, Ruby, Zircon, Pink Tourmaline, Rhodonite, Spinel, Pink Topaz, Rhodolite Garnet, Cobalto Calcite, Magenta Lepidolite, Erythrite, Rose Calcite.

## BROWN CRYSTALS



Smoky Quartz, Petrified Wood, Picture Jasper, Turritella Agate, Spessartine Garnet, Leopardskin Jasper, Bruno Jasper, Stromatolite, Botswana Agate, Natural Agate, Amber, Anatase, Andalusite, Astrophyllite, Axinite - Farro, Axinite - Mangano, Bornite, Bronzite, Bytownite, Dragon's Blood Calcite, Dark shades of Carnelian, Cassiterite, Modular Chalcedony, Chialstolite, Desert Rose, Chrysoberyl, Diopside, Dravite, Enstatite, Franklinite, Fulgurite, Hessonite Garnet, Herderite, Hureaulite, Tiger Jasper, Ocean Jasper, Labradorite, Marston Marble, Merlinite, Mica, Mookaite, Moqui Marbles, Muscovite, Banded Onyx, Elestial Smoky Quartz, Rhyolite, Richerite, Sardonyx, Septarian, Smithsonite, Sunstone, Super Six, Tiger's Eye, Tiger Iron, Vanandanite, Vesuvianite, Zircon, Shiva Lingam, Chocolate Calcite

## BLACK CRYSTALS



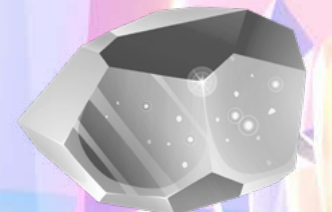
Aegirine, Black Agate, Alabandite, Black Amethyst, Apache Tear, Anthracite, Brookite, Carborundum, Cassiterite, Chialstolite, Cuprite, Black Diamond, Flowerstone, Franklinite, Melanite Garnet, Hematite, Hypersthene, Irghizite, Jet, Zebra Jasper, Kimberlite, Black Kyanite, Lakelandite, Lava, Magnetite, Marston Marble, Nebula, Nuummite, Obsidian, Onyx, Smoky Quartz, Tibetan Quartz, Tourmalinated Quartz, Sardonyx, Schalenblende, Shungite, Stromatolite, Black Tourmaline, Zircon, Black Calcite

## WHITE CRYSTALS (CLEAR AND WHITE TONED)



White/Clear Calcite, Optical Calcite, Angel Aura, Scolecite, White Agate, Howlite, Snow Quartz, Girasol Quartz, Moonstone, White Petalite, White Aragonite, White Coral, Rock Salt, Clear Topaz, Selenite, Clear Quartz, Opalite, Opal, Solar Quartz, Diamond, Achroite Tourmaline, Albite, Beryllonite, Baryte, Dolomite, Pearl, White Jade, Zircon and Danburite, Ice Calcite,

## GREY CRYSTALS



Botswana Agate, Grey Agate, Satellite, Angelite/Anhydrite, Brucite, Carborundum, Cerussite, Chalcedony, Cuprite, Fulgurite, Galena, Hanksite, Hackmanite, Hypersthene, Iolite, K2 Stone, Labradorite, Larvikite, Lava, Lodestone, Lollingite, Magnetite, Merlinite, Mica, Molybdenite, Muscovite, Presli Bluestone, Sapphirine, Silicon, Stibnite, Tunellite, Ulexite, Zincite, Zircon and Zoisite, Sphalerite

# SHADOW

BY SABRINA RQ RAVEN



A shadowy figure

Moves in on me

A figure of dark

Approaches I see

The bold figure

Moves with grace

He is familiar,

I recognise his face

As twilight comes

His face slowly fades

He raises his hand

And goodbye he bades

The darkness like him,

Comes then blends

I cannot read it

But a message he sends

He couldn't be here,

He could not stay

At night he sleeps,

He roams by day

Now I understand the message,

It was peace he did send

He was familiar,

He was an old friend

# WILD IN NATURE

BY FRANCE MARIE KARLSEN

ION - FULL MOON FICTION - FULL MOON FICTION - FULL MOON FICTION - FULL MOON FICTION

wild in nature  
I, witch, grow like a tree  
rooted and branched  
through any obstacle

cement crumples  
wood splinters  
brickwork torn down

belief, my soil  
faith, my sun  
hope, my water

the gods  
the goddesses  
patreon my growth

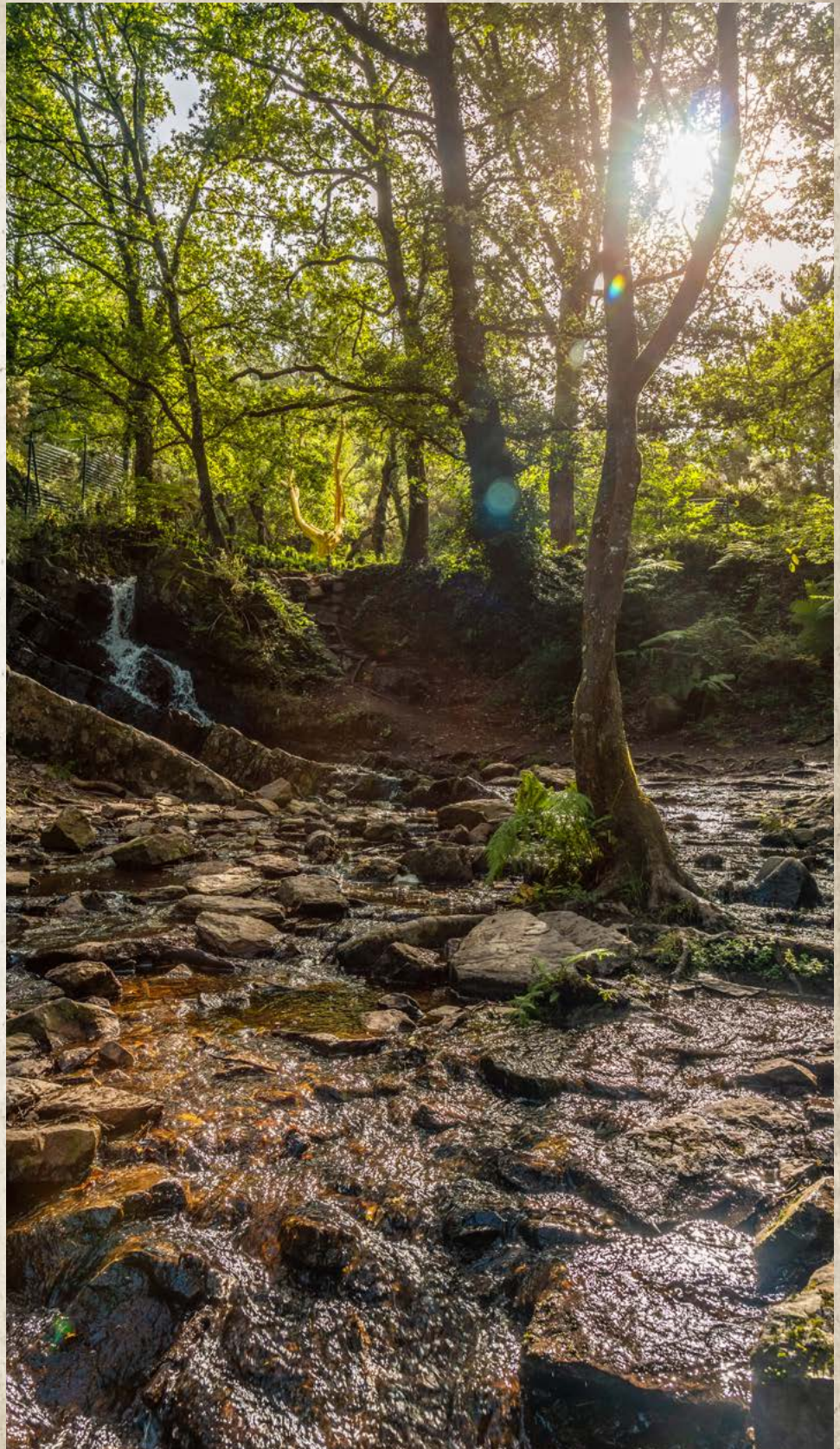
green leaf  
brown leaf  
cracked stems  
I withstand it all

tears nourish too  
cries wake up the sun  
fury breaks hardened earth

cut down  
I, witch, am still here

hope is a seedling  
all a witch ever needs  
to grow from nothing

we, witch, always find a way



# KITCHEN WITCH'S CAULDRON HERB ROASTED CHICKEN

## Ingredients

- whole chicken, cleaned and innards removed
- 2 lemons, cut into chunks (unpeeled)
- one onion, cut into chunks
- handful of fresh herbs: rosemary, thyme, and lemon balm are best!
- half stick of salted butter
- generous amount of salt and pepper



## Instructions

Preheat oven to 350 degrees.

Clean the chicken: remove the innards and wash the outside.

Pat dry with paper towels.

Squeeze a lemon chunk into the chicken's cavern and then stuff the lemon chunks, onion pieces, and fresh herbs into the chicken.

Tie the legs closed.

Rub salt and pepper all over the chicken's skin.

Set on pan and bake at 350 degrees. 20 minutes per pound.

When there's 40 minutes left on the chicken (or before the chicken skin gets too crispy/burns), melt your butter and pour over the chicken. Return to the oven.

Every 10-15 minutes following, baste the chicken with the juices in the pan.

Remove from oven and let cool. Cut and serve.

Recipe from: [www.otherworldlyoracle.com/mabon-foods-recipes/](http://www.otherworldlyoracle.com/mabon-foods-recipes/)



# CRYPTOZOLOGY CORNER

## Phoenix/Firebird

Origin: Various

Appearance: Most often seen as a large bird with either flame coloured or rainbow coloured feathers. The Phoenix in many stories is on fire or able to burst into flames.

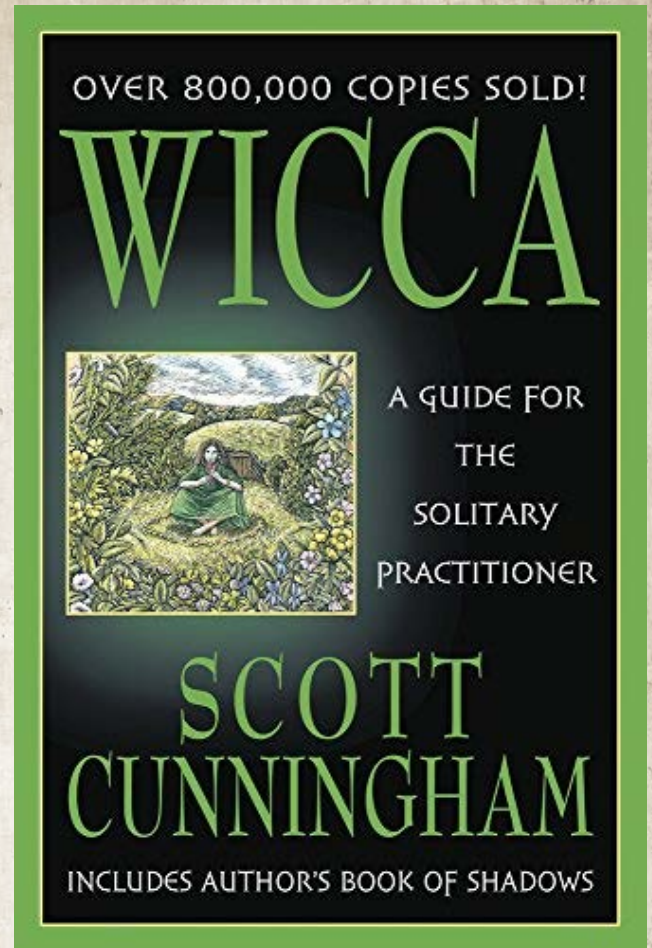
Skills: Phoenixes and Firebirds have been linked to many skills but most prominent is its seeming immortality. On death the bird bursts into flames one final time, reducing itself to ash. From the ash a new phoenix or firebird will appear either live or as an egg.

Other powers it has been linked to is healing. It is said their tears can heal all wounds. It is also said its feathers glow like a torch even once plucked.



BY SABRINA RAVEN

# BOOK SPOTLIGHT



## Wicca: A Guide for the Solitary Practitioner

By Scott Cunningham

Cunningham's classic introduction to Wicca is about how to live life magically, spiritually, and wholly attuned with nature. It is a book of sense and common sense, not only about magick, but about religion and one of the most critical issues of today: how to achieve the much needed and wholesome relationship with our Earth. Cunningham presents Wicca as it is today: a gentle, Earth-oriented religion dedicated to the Goddess and God. Wicca also includes Scott Cunningham's own Book of Shadows and updated appendices of periodicals and occult suppliers.

Llewellyn Publications Language: English Paperback: 240 pages

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