

Metaphysical Times

FULL MOON

ISSUE 10 JANUARY 2023

MAGAZINE

**Full Moon
Fiction:**
Letters to You;
Twin Flame Journey Exposed

**Kitchen Witch's
Cauldron:**
Skillet Cornbread with
Honey Butter

**HOW FINAL FANTASY
IS INSPIRED BY
MYTHOLOGY**

FULL MOON MAGAZINE

Want to write for Metaphysical Times and Full Moon Magazine?

Metaphysical Times is looking for quality metaphysical and pagan content for our paper. We serve a large pagan audience and would like to be the Pagan Community's #1 News Source.

What We Want

Neutral news based articles relating to pagan holidays, metaphysical shop openings, new services available, and reports about and from events that are open to and accepting of the pagan community. Text based interviews with pagan business owners, musicians, artists, and authors are also acceptable.

Column writers are welcome to submit a request to write a column for the Metaphysical Times by emailing editor@metaphysical-times.com with Column Offer in the subject line.

What We Don't Want

Political rants or screes, satire, stories blaming your problems on other people, articles involving cruelty as entertainment, anything comparing your life to the holocaust, articles about how everything was fine until X, articles promoting violence against any group.

We are creating a new space for art, personal narratives, and articles with topics about the moon, its deities, fictional stories, and poetry.

The submission process and the rate of pay for these submissions published in the new space will be the same.

You will be notified upon acceptance where your article is going to be placed (in the newspaper or in the new space) with more information about the new space.

Readings of any kind are no longer being accepted for the print version of the newspaper. If you do astrology, runes, or other types of readings and have interest in writing a column in an upcoming monthly space, please email editor@metaphysical-times.com and put Reading Column Request in the subject line.

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Art or photos should be submitted at 300 dpi in jpg format to editor@metaphysical-times.com. DO NOT PUT IMAGES IN YOUR SUBMISSION. You will need to ensure that you either own the rights to, or have permission from the image's creator to be used in print and digital formats by Metaphysical Times upon acceptance.

Payment

\$0.05 USD per word up to 1000 words after editing.

A PayPal email address must be specified to receive payment via PayPal. We do not assume that email addresses are always attached to a PayPal account. If a PayPal payment is preferred, please include "PayPal Address is _____" at the top of your submission. If this information is not included, a paper check will be mailed with your complimentary copy of the issue your article is published in.

Payment, via paper check or PayPal will be processed on the 7th day following the publication date of your article. This is to ensure that payment processing gets our full attention and things don't get missed. We appreciate your understanding of this change.

Requests to change payment methods must be sent via email to editor@metaphysical-times.com no later than 3pm on the 6th day after publication. The sooner the better.

Submission Guidelines

Submissions

We will only accept submissions online and according to these submission guidelines. Submissions should be 300 to 1000 words. Include a bio, your pronouns, and one link to where readers can connect with you. Format your submission in standard manuscript format and include your physical and email address in the body of your emailed submission. Submissions without this information will be rejected. Please add editor@metaphysical-times.com to your whitelist otherwise our emails to you may go to spam.

You will get an email on acceptance for the current publication. Please log into Hey Publisher to see the status of your submission. Due to print limitations, articles may be held to be published in a later issue or other format, if the current issue is full.

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The Metaphysical Times **Full Moon Magazine** is a pagan print and online magazine made in Northern, Utah bringing news, interests, and services to the pagan community in the US and abroad.

The magazine is printed monthly. This publication is a conduit for connecting people from all walks with the new, information, and entertainment that matters to them.

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The Guardian of Winter Flora

The Guardian by Sabrina RG Raven

HOW FINAL FANTASY IS INSPIRED BY MYTHOLOGY

BY NIXIE VALE

I am a massive final fantasy fan, and a sizable component of the final fantasy series is based around creatures that can be summoned to aid the characters in the game. When I first started playing back in 2000 there were names that I recognised, Odin, Shiva, Leviathan to name a few. I started watching a play through of the premastered final fantasy XI, and the idea for this series of articles came to mind.

This series of articles will look at the Aeon, Eidolon, or Esper as they are in the games, and then look at the real-world myths that inspired them. I have looked at all the summons, and from what I can tell they come from Asian, Middle Eastern, Greek, Roman and Nordic/European mythologies.

I am going to start this series with the ones that inspired my thoughts on this topic, BAHAMUT and SHIVA. As I have mentioned before these posts won't suit everyone's tastes, but I am hoping that there will be some out there who will like them; I am sure final fantasy fans will enjoy them.

The Summons of Final Fantasy

In earlier incarnations of the game series, the 'summons' would come

into and perform a single attack - usually a special attack that is specific to that summon. These summoned elements are actually very powerful monsters that fight side by side with their summoner. The nature of these summoned creatures varies from game to game, and as the games have changed and grown, so to have the roles of these special monsters.

The summons are often based on a given culture's mythology from gods to demi-gods to beings of great importance. The summons tends to live in another dimension, and when they are called, they come to the summoners aid. A theme that I have noticed in many of the games is the summoner having to earn their creature's allegiance and loyalty. Throughout the series they have been called Eidolons, Aeons, and Espers.

Esper

In fiction an Esper is someone or something that has one or more supernatural ability. Apparently, the term was coined in the 1950's and is said to derive from the abbreviation for Extrasensory Perception.

Aeon

Originally it meant 'life' or 'being'.

Eidolon

This comes from the Greek for

reflection or phantom, I read somewhere while researching it can also mean 'idol'.

Final Fantasy is a Japanese made game and it's understandable that they drew some inspiration from Japanese culture, such as Shinto. In the Shinto religion there are beings called Kami, beings who are part of nature. They are characteristically elements of the land, forces of nature etc... They can also be the ancestors of a family or an entire clan. The Kami aren't good or evil, they are nature is, both positive and negative.

One thing that I liked about the first game I played was how our memories are the essence of our souls and become a part of a great universal cycle of life. They Eidolons that are summoned in the game; are memories from the stories that have been passed from generation to generation. IN another game in the series, they are the dreams of a person who was turned into stone and were called Fayth. The Summoner would pray to the Fayth to earn the Aeons service and form a bond, and it is from this bond that Pyreflies merge to become beings of immense power.

Keep your eyes peeled for the various summons from Final Fantasy in future issues.



It was as if I thought I had put this life puzzle together correctly, perfectly matching the cover of the box in which the puzzle was sold in, only to find out I had the wrong piece in place in the center of it.

With you I felt seen, in a way I never knew was possible. I felt understood on a level that I had come to peace with many years before believing this was something that was just not possible. And in all honesty, it was not possible. Until you.

There was still so much confusion as to why this was happening. I truly was not out in the world searching for anything. I was within my own environment; with my husband of 12 years and you are his best friend. It almost seems cruel to introduce this type of connection to a married woman but what it did show me was that what I mistaken for my happily ever happy was only a place card for temporary comfort, and what I was living was drowning the potential I had deep within my being that I would have not been able truly to utilize until I was ready. It shined light on the fact my current relationship had no depth; I have never known depth before because I had yet to know you in this lifetime.

No amount of fighting this connection could make this feeling wash away. I tried.

Days after you left and we had said our goodbyes, I continued to try and let this feeling go. But it only led me into a deep state of pain. This was a pain I had never, in my life up to this point, felt. I was lost, confused, broken, my heart was given this breath of life and then quickly stripped from me.

Weeks of melancholy followed with no end in sight of this feeling of loss that now resided within my soul. I became obsessed with trying to make different human connections that are known, and have been experienced by others who were brave enough to tell their stories.

Who were you to me, why do I feel this towards you? And the ever plaguing do you feel it too?

Given the circumstances my usual way of communicating which is considered blunt by most, would only make things weird and I was not yet even in an understanding of the meaning of this all. Fears also come to the front of the possibility this was a one-sided unrequited attraction/connection, even though on a soul level it seemed we both felt it.

Our communication came to a close, but my thoughts of you could not be ceased.

Weeks turned into months and you had begun a new journey following the calling within your own heart to become a doctor. You are a natural healer, intelligent, and truly gifted so watching you follow your calling with such vigor was nothing short of impressive.

I felt so blessed I was able to spend time with you before your plans to travel to another country to begin medical school, and at that point you were scheduled to be there for a year. I have no choice but to understand this was your path and mine was being a stay at-home mom to three little girls in what was now apparent to me a lackluster relationship.

Regardless of all the circumstances, I dove into trying to make sense of this. My life was quickly spiraling and I felt hopeless. Living in hopelessness is not something I will allow, my life needs meaning. I was, I am, determined to find meaning and understanding.

During the months of your absence with little to no communication I began to dive into research. It was a whirlwind of studying human connections from the viewpoint of spirituality. I had landed on a term that I had never heard of before, twin flames. It is this concept that at the beginning of time one soul becomes split into two and they are destined to forever search for one another across all space and time. These are deeply intense soul connections, that are meant to shock your soul awake so you can be opened to the discovery of soul's earthbound purpose.

I learned there are many definitions and understandings of what a twin flame connection is but after much soul searching, and development of my own spiritual gifts I can do nothing other than share my take away of how this term coordinates within our connection.

KITCHEN WITCH'S CAULDRON SKILLET CORNBREAD WITH HONEY BUTTER

Ingredients

For The Honey Butter

1/2 c. (1 stick) unsalted butter, at room temperature, plus more for pan

2 tbsp. pure honey

Kosher salt

For The Cornbread

1 c. fine cornmeal

1 c. all-purpose flour, spooned and leveled

1/4 c. sugar

1 tbsp. baking powder

1 tsp. kosher salt

1 c. whole milk

2 large eggs

6 tbsp. (3/4 stick) unsalted butter, melted



Method

Make honey butter:

Use a fork to smash and stir together butter, honey, and salt in a bowl until well combined.

Cover and refrigerate at least 30 minutes.

Make cornbread:

Preheat oven to 425°F.

Grease a 10-inch cast-iron skillet or 8-inch square baking dish.

Whisk together cornmeal, flour, sugar, baking powder, and salt in a bowl.

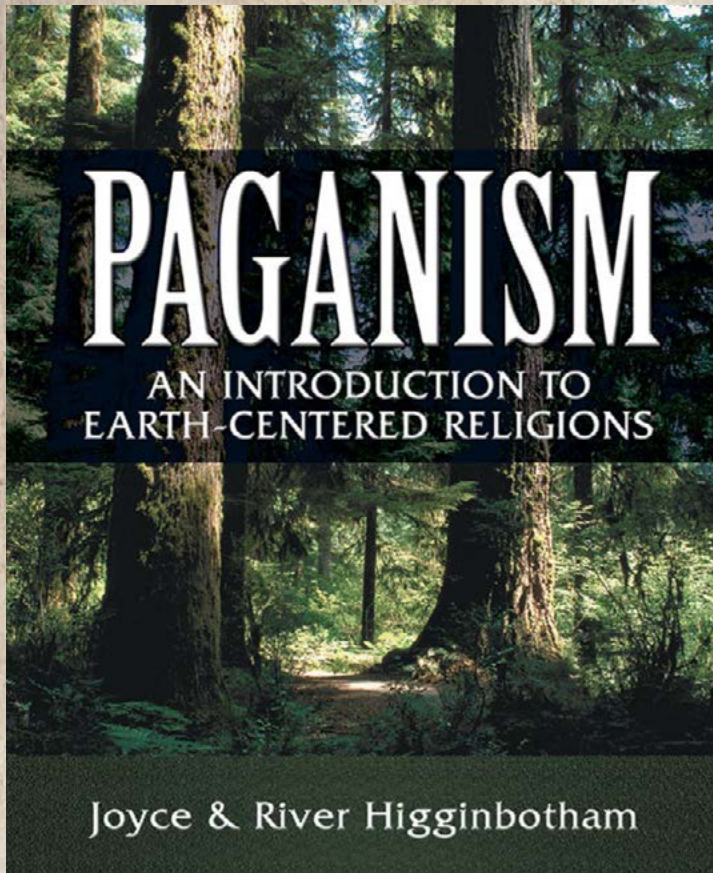
In a second bowl, whisk together milk, eggs, and butter. Add wet ingredients to dry ingredients and stir just until combined.

Transfer batter to prepared pan.

Bake until top is lightly golden and a toothpick inserted in center comes out clean, 15 to 17 minutes.

Cool in pan 10 minutes. Serve warm with honey butter alongside.

BOOK SPOTLIGHT



Paganism:

An Introduction to Earth-Centred Religions

By Joyce and River Higginbotham

If you want to study Paganism in more detail, this book is the place to start. Based on a course in Paganism that the authors have taught for more than a decade, it is full of exercises, meditations, and discussion questions for group or individual study.

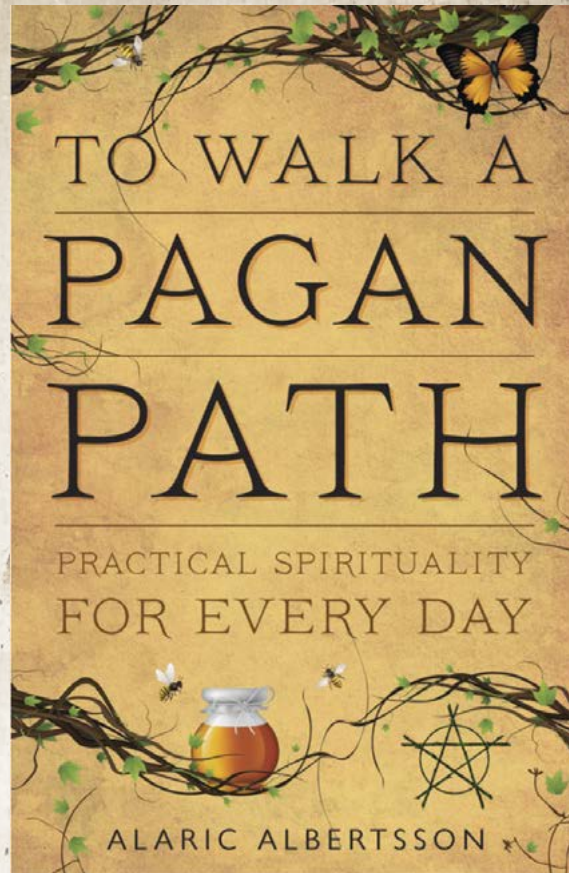
This book presents the basic fundamentals of Paganism. It explores what Pagans are like; how the Pagan sacred year is arranged; what Pagans do in ritual; what magick is; and what Pagans believe about God, worship, human nature, and ethics.

Joyce and River have taught Paganism classes throughout the past decade. They have planned and organized local and national Pagan gatherings, written articles for Pagan publications, appeared on radio and television broadcasts, spoken at Christian and Unitarian churches, and attended interfaith councils.

They also helped found the Council for Alternative Spiritual Traditions, which hosts public Pagan and alternative events in the Midwest.

Llewellyn Publications, Language: English, Paperback, 272 pages

BOOK SPOTLIGHT



Walk a Pagan Path: Practical Spirituality for Every Day

By Alaric Albertsson

With practical tips for incorporating Pagan spirituality into every aspect of life, this title teaches readers how to: have a meaningful and holistic Pagan practice by following seven simple steps; follow a sacred calendar customized to your beliefs, lifestyle, and environment; and make daily activities sacred with quick and easy rituals.

Live fully as a Pagan every day of the year, not only on full moons and holidays. With practical tips for integrating earth-centered spirituality into every aspect of life, *To Walk a Pagan Path* shows you how to:

- Cultivate a meaningful Pagan practice by following seven simple steps.
- Develop a sacred calendar customized for your beliefs, lifestyle, and environment.
- Make daily activities sacred with quick and easy rituals.
- Reclaim your place in the food cycle by producing a portion of your own food—even if you live in an apartment!
- Express Pagan spirituality through a variety of craft projects: candles, scrying mirrors, solar wreaths, recipes, and more.
- Create sacred relationships with animal familiars.

Llewellyn Publications, Language: English, Paperback, 288 pages

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