

# FULL MOON

ISSUE 16 JULY 2023

## MAGAZINE

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The Eye of Horus  
The Eye of Ra

**Q&A with Nixie:**  
The Pentacle

**All Things Red Album:**  
RELEASE!

**Embracing the Full Moon's  
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Full Moon in Capricorn

Metaphysical Times

# FULL MOON MAGAZINE

## Want to write for Metaphysical Times Full Moon Magazine?

Metaphysical Times is always willing to consider metaphysical and pagan themed content for the magazine. We serve a spiritually based audience and support artists in their endeavors to do what they love and thrive by providing this space so they can be seen, connect with the right people, and succeed the best way we can.

### What We Want for the Full Moon

Text based interviews with pagan business owners, musicians, artists, and authors are always considered. Visual works of art created by humans, poetry, photography, song lyrics, short fictional pieces, personal narratives, spiritual experiences, book, game, music, and movie reviews. At least loosely based on or connected to the Full Moon is preferred.

### What We Don't Want

Political rants or screes, satire, stories blaming your problems on other people, articles involving cruelty as entertainment, anything comparing your life to the holocaust, articles about how everything was fine until X, articles promoting violence against any group.

### Please read and follow the submission guidelines

provided on our website's Write for Us page, [www.metaphysical-times.com/write-for-us](http://www.metaphysical-times.com/write-for-us), and submit using the HeyPublisher form or log into HeyPublisher.com, create an account and favorite the Metaphysical Times LLC account. Please ensure you are submitting to the Metaphysical Times LLC account. There are 2 accounts but only the LLC account will come to us.

The Metaphysical Times **Full Moon Magazine** is a pagan print and online magazine made in Northern, Utah bringing news, interests, and services to the pagan community in the US and abroad.

The magazine is printed monthly. This publication is a conduit for connecting people from all walks with practices, information, and entertainment that is relevant to them.

\*Reader Advisory- Mature Content\*

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### Full Moon is available the 1st of each month

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# FROM THE TEAM

Welcome to the enchanting July issue of Metaphysical Times Full Moon Magazine! We are delighted to present to you a captivating compilation of evocative and inspiring pieces crafted by an extraordinary collective of gifted artists.

At Metaphysical Times, our unwavering mission has always been to empower artists and propel them from mere survival to flourishing in their artistic endeavors. By providing a dedicated platform for these exceptional individuals to showcase their work, we aim to harness the transformative power of art, igniting change and deeply touching lives. Through the extraordinary creations

featured in this issue, we seek to awaken your own creative spirit and encourage you to wholeheartedly support the arts within your community.

We implore you to immerse yourself in the boundless imagination and passion of the artists who grace our pages. Extend your support by connecting with them on social media, sharing their work with your cherished friends and loved ones, and perhaps even considering the profound possibility of owning a piece that speaks to your soul. Your support is immeasurable, as it holds the power to significantly impact the lives of these talented individuals, who often yearn for immediate recognition and encouragement that only you can

provide.

From the depths of our hearts, we express our deepest gratitude for being an integral part of our vibrant community and for unwaveringly championing the arts. We sincerely hope that the works presented in this issue resonate with your essence and that you continue to champion the remarkable artists who contribute their souls to our publication.

May your reading experience be a delightful journey brimming with inspiration and boundless creativity.

With boundless love and profound gratitude,

The Full Moon Magazine Team

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# EMPATHS AND EMPATHY ADAPTING AS AN EMPATH

BY NIXIE VALE

Can you really adapt to being an Empath?

The short answer? Yes, you can adapt yourself. Like any spiritual gift is about learning how. Before I had a handle on my gifts, I would get lost in the “Flow” or slip into the Void, but I learned what triggered these things, and what I needed to do to prevent them, it wasn’t easy, and even now, I don’t have a firm grasp on it, but I am better at it. Anyway, I’m going to be quite blunt and matter of fact about this topic...

When you are experiencing something - whether it be emotions, desires, or something physical or spiritual - what made you experience those things to begin with? The first step to protecting yourself as an Empath is to notice what you are doing, when you are doing it, and why, what triggers you off? Once you have managed to do this, you will begin to feel more in control of your gifts, and you won’t feel you have to block everyone out.

## **1: Keeping Notes**

The first step is to (as I mentioned) notice what your triggers are. Keep detailed notes of when, who, and why you are feeling their pain (or whatever you pick up). Also make notes as to why you were able to identify with them in the first place, ask yourself “what in my life identifies with this person?”

## **2: Identification**

The next step is to take a moment to look within yourself and find what relates to that person. What in your



life, or in your past made their pain resonate with you and your own inner pains.

### 3: Raising Your Vibration

This is something not many feel they can do, or think it is only for those who are on a path of enlightenment, but when I say “raising your vibrations” I mean, you actively change how you are feeling. When you are annoyed, upset, in pain, tired your personal vibration is low, and you feel beaten and broken, when your personal vibration is high, you feel happier, freer, confident, and secure. Here are a few ways to raise your vibration:

**Sing** - Singing has been proven to help lift your mood, and in turn your vibrations. It’s quite hard to feel low when you are singing a happy song.

**Dance** - Like singing, dancing is an expression from within, so shake your limbs and get those Jazz Hands out.

**Yoga/Tai Chi** - These are low impact exercises, and they help you reconnect your mind, body and spirit by moving your body in structured movements.

**Laugh** - Laughter is good for the heart and for the soul. When you laugh you are releasing endorphins into your body, so grab a book of jokes, or watch something funny, that will make you laugh out loud.

**Deep Breathing** - Taking deep breaths brings more oxygen into your body, and helps you relax. When breathing in say “I breathe in only good vibrations” and when you breathe out “I release out only bad vibrations.”

Once you have a control over raising your own vibration when you need to, you will have more control of your gifts.



### 4: Confronting the Truth

When you have identified why you are feeling and picking up on that person’s energy, you need to tell yourself the truth, you need to confront the inner reason, and embracing it as a part of who you are. The more you hide and suppress things, the more negativity you will pick up on. That experience that you have identified does not define who you are, it is only one facet to you as a being.

This is by no means a hard and fast set of ways to adapt your life to being an Empath, but I have seen from many of my friends that is really hard and after doing some

research to help a friend that was struggling, he found that doing the above, helped him adapt himself to his gift, he began to embrace it, and not reject it. It is a very long path, and can be very tough, but with anything in life worth doing, it’s never easy.

There are a plethora of shielding and protection techniques which I will go into in another post, but for now, those of you who are empaths, look within and identify what makes you so receptive to certain energy, and those of you who aren’t, take a moment to imagine what it is like to be bombarded with a whole world of energy that are not your own, and no way of escaping

# ALL THINGS RED ALBUM

## THE RED ALBUM: A HARMONIOUS TAPESTRY OF EMPOWERMENT AND INSPIRATION

RELEASED ON 6-24-23

BY CHRISTY MANN

On June 24th, 2023, we celebrated the long-awaited release of The Red Album, an extraordinary musical creation that transcended boundaries and spoke to the depths of the human spirit. This article pays homage to the profound significance of The Red Album and the transformative impact it held. Join us as we delve into the enchanting melodies, empowering messages, and the noble causes championed by this musical masterpiece.

### A Year of Creative Evolution

Exactly one year ago, on June 24th, 2022, within the magical ambiance of PSG (Pagan Spirit Gathering), the seeds of inspiration were planted, setting in motion the evolution of The Red Album. We express our heartfelt gratitude to Circle Sanctuary and the PSG crew for their unwavering support, as their sacred space became the birthplace of this captivating musical journey.



### Music as a Catalyst for Change

The Red Album extended beyond its role as a mere compilation of songs—it stood as a catalyst for change. We extend our deepest

appreciation to our generous supporters, whose dedication and contributions were instrumental in bringing this project to fruition. Through every purchase of The Red Album, they actively supported our beneficiaries: Elevated

Access and the National Abortion Federation. This musical endeavor championed essential causes such as reproductive freedom, bodily autonomy, reproductive rights, women's rights, and human rights. Together, we made a tangible difference and fostered a more inclusive and compassionate world.

## An Emotional Symphony

Listeners were transported on a soul-stirring journey as The Red Album wove a harmonious tapestry of captivating melodies, poignant lyrics, and heartfelt rhythms. Each track embodied a unique story, resonating with the depths of human emotions.

From introspective ballads to empowering anthems, The Red Album invited listeners to explore the vast spectrum of emotions, finding solace, strength, and inspiration within its harmonies. Obtaining Your Musical Treasure: To fully experience the magic of The Red Album, fans were directed to visit [www.redalbum.org](http://www.redalbum.org), where they could acquire their digital or physical copy of this musical treasure. Additionally, exclusive merchandise was made available, allowing fans to proudly display their support. With each purchase, they not only gained access to an unforgettable musical experience but also contributed directly to the noble causes championed by The Red Album.

## Join the Movement

The release of The Red Album signified the birth of a movement—a collective endeavor to amplify voices, challenge norms, and advocate for the rights of all individuals. Fans were invited to be active participants in this movement by sharing their personal encounters with The Red Album on social media platforms. Utilizing hashtags such as #TheRedAlbum, #ReproductiveFreedom, #bodilyautonomy, #reproductiverights, #WomensRights, and #humanrights, they engaged in vital conversations and inspired others to join the cause.



Check out The Red Album's website here:

[www.pagansong.com/the-red-album](http://www.pagansong.com/the-red-album)

to see all the musicians, songs, and the release!

Support the Album via GoFundMe here:

[www.gofund.me/aec4fee](http://www.gofund.me/aec4fee)



THE  
WHISPERING  
FOREST  
BY CHRISTY MANN



**I**n the heart of the enchanted forest stood a single, ancient tree. Its gnarled branches reached towards the heavens, casting a dappled shade upon the moss-covered ground. Legends whispered of its mystical powers—the tree that granted a single wish to those who dared to listen.

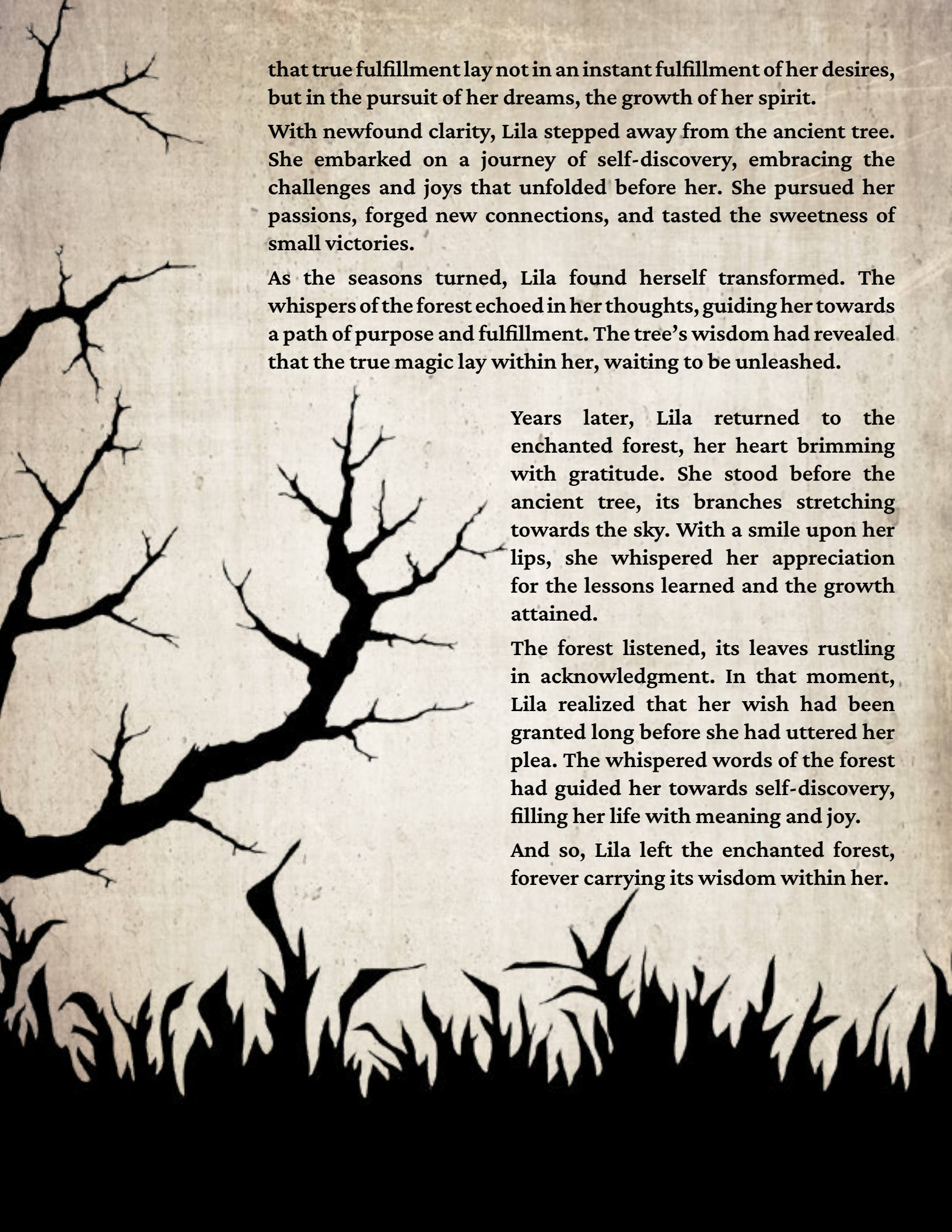
Under the glow of a full moon, a young woman named Lila approached the tree, her heart heavy with a secret longing. She pressed her palm against the rough bark, feeling a faint pulse beneath her touch. Closing her eyes, she whispered her deepest desire, a fervent plea carried on the night breeze.

A soft rustling echoed through the forest as the tree stirred. Its leaves whispered ancient secrets, as if speaking in a forgotten tongue. Lila strained to discern the words, her heart pounding with anticipation.

The forest came alive, vibrant and ethereal. Moonlight danced upon the foliage, casting shimmering patterns upon the ground. Lila's breath caught in her throat as the forest whispered its response. But the message was not what she expected.

“Patience,” it murmured. “The path to your wish lies not in the granting, but in the journey.”

Confusion washed over Lila, but the words ignited a flicker of understanding within her soul. She realized



that true fulfillment lay not in an instant fulfillment of her desires, but in the pursuit of her dreams, the growth of her spirit.

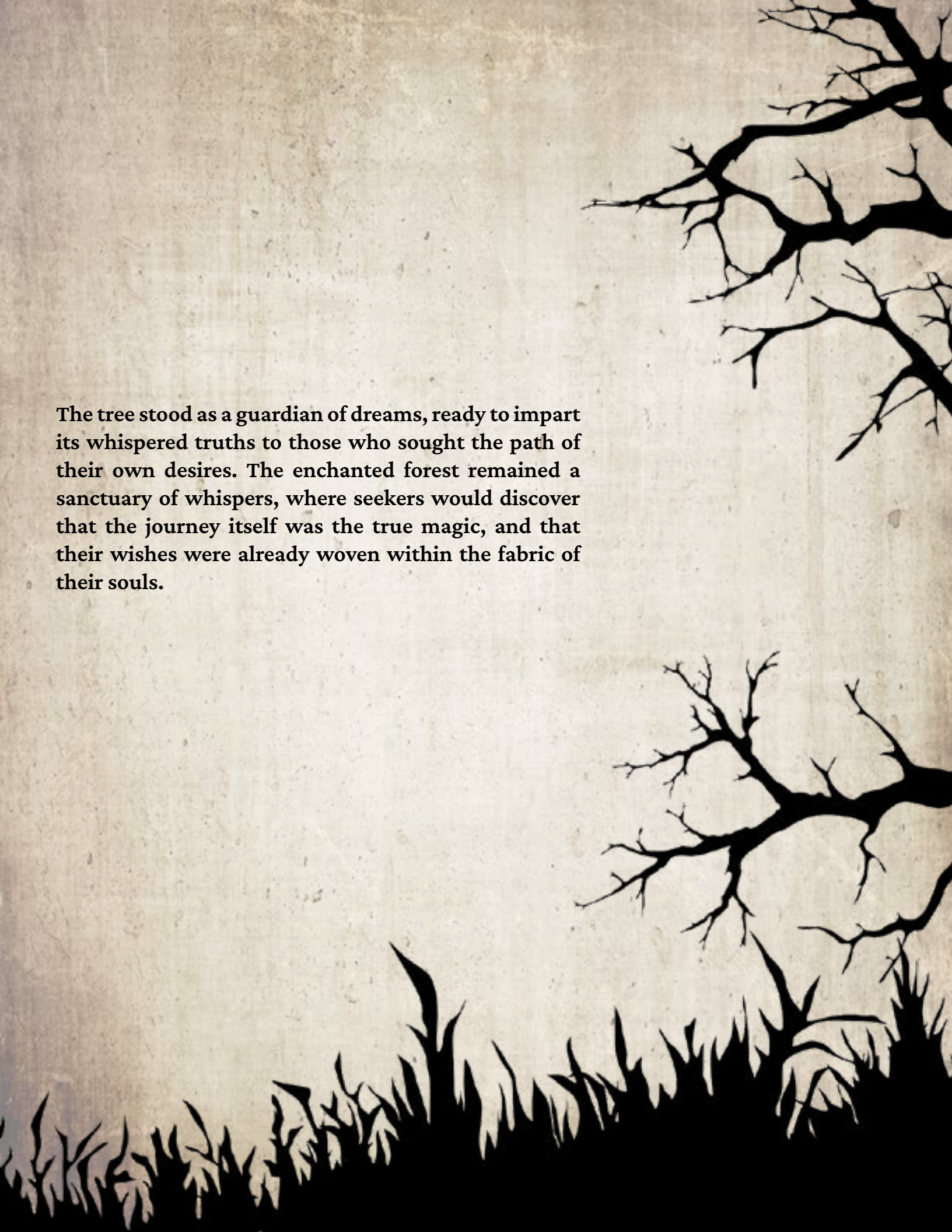
With newfound clarity, Lila stepped away from the ancient tree. She embarked on a journey of self-discovery, embracing the challenges and joys that unfolded before her. She pursued her passions, forged new connections, and tasted the sweetness of small victories.

As the seasons turned, Lila found herself transformed. The whispers of the forest echoed in her thoughts, guiding her towards a path of purpose and fulfillment. The tree's wisdom had revealed that the true magic lay within her, waiting to be unleashed.

Years later, Lila returned to the enchanted forest, her heart brimming with gratitude. She stood before the ancient tree, its branches stretching towards the sky. With a smile upon her lips, she whispered her appreciation for the lessons learned and the growth attained.

The forest listened, its leaves rustling in acknowledgment. In that moment, Lila realized that her wish had been granted long before she had uttered her plea. The whispered words of the forest had guided her towards self-discovery, filling her life with meaning and joy.

And so, Lila left the enchanted forest, forever carrying its wisdom within her.



The tree stood as a guardian of dreams, ready to impart its whispered truths to those who sought the path of their own desires. The enchanted forest remained a sanctuary of whispers, where seekers would discover that the journey itself was the true magic, and that their wishes were already woven within the fabric of their souls.

# MONTHLY READINGS

## WITH NIXIE VALE

**Over the years I have been lucky enough to meet and befriend several artists, and one such artist created a colorful and beautifully painted deck of oracle cards. Sapphire Moonbeam is the artist and creator of the Moonbeam Magick Oracle Cards.**

### **Aries**

#### **Weather**

Over the last few weeks you have noticed yourself complaining about this that are beyond your control to feel in control a little more. Over the coming weeks, remember that Mother Earth is taking care of her charges, and be mindful that Spring and Autumn a times of change and growth. When you find yourself blaming mother nature, take time to ground yourself and breathe deeply.

### **Taurus**

#### **Goddess**

In recent weeks you have tried to reconnect to your inner divine, and while it hasn't been easy, you are on the right path. It can be hard to remember how beautiful our spirit is when we feel disconnected to Spirit/Source. You have made amazing progress, celebrate this a little; it is okay to be proud of your journey. You are empowering yourself after all.

### **Gemini**

#### **Yin Yang**

You have been feeling out of balance, and haven't been able to find what works for you, which throws you more off balance. When you feel like this moving forward, take a few minutes to ground and centre yourself by taking deep breaths. This brings you back to your conscious self, allowing you to see a way through.

### **Cancer**

#### **The Tear**

Recently you have been struggling with your feelings, and it's important to remember that no one is happy all the time, and when you try to be, you are being dishonest with yourself. Instead of fighting the emotions as they come, experience them so you can let them go in a healthier way. If you need to cry, cry. If you need to scream, scream into a pillow.

### **Leo**

#### **Passion**

You have been feeling like you've lost the spark for the things you are passionate about. Over the next few weeks, explore your creativity because you may find that your spark is still there, but it has simply moved to something else which will compliment your other passions. You have a zest for life, a desire to see and do things, so have fun exploring your new horizons.

### **Virgo**

#### **Hope**

You have been worrying about things that are out of your control, and this has caused a knock on effect of lowering your own vibration. Over the next few weeks and months (this won't happen overnight) start to release the things that are out of your control. There are buds of hope within you, but they can't bloom until you let go what you have no power over. All you have is the power over you.

### **Libra**

#### **Spirals**

You are on a journey right now, and began at the centre of the spiral, growing as you move. You have been wanting things to move quicker, or get to a destination faster, but the journey needs to be experienced. Over the next few weeks, when you find yourself wanting things to just "get a move on" remind yourself that spiritual paths can't be rushed. Sit back and enjoy they journey, because the more you try to rush, the longer it will take.

### **Scorpio**

#### **Magick Within**

Over the last few months, you have had people tell you "you have so much potential" and "you are wasting your potential" which has you feeling bad about yourself. Moving forward, when you hear things like this, acknowledge that it is an opinion, and not written in stone. You have the power in you to forge your own magical path, but you need to see and understand that you magic may be different; different isn't wrong.

### **Sagittarius**

#### **Music**

Recently you have been listening to music you wouldn't normally listen to, and it has been acting as a balm to soothe, an expression of your feelings and as a way to disconnect from the hustle. In the upcoming weeks, don't discount any music you are drawn to, just because you wouldn't "usually", there is a reason you have been drawn to that music. Let yourself flow with the music, sing, dance and celebrate how it makes you feel.

### **Capricorn**

#### **See Peace**

You have been feeling like if one more thing goes wrong, you'll snap... when you start to feel this way, take some deep breaths and allow yourself to take a break. You do not have to be superhuman and do everything yourself. Over the next few months, make plans to share the load you are carrying so you can take care of your mental and physical health. A sense of peace within will come when you acknowledge you can't do everything.

### **Aquarius**

#### **Meditation**

You have been wanting to add more meditation to your life, but it's been feeling too hard, or too big. This is completely normal, you just need to find what works for you. Some prefer to listen to music, some prefer to listen to guided meditations, while others simply breathe deeply and focus on this. How you meditate is a personal choice, but exploring the different ways can be daunting, but you will find the ways that's best for you.

### **Pisces**

#### **Intuition**

You have been learning how to hone your intuitive senses, and develop trust in your instincts. Over the next few weeks, write down these intuitive moments – they can be thoughts, feeling or whims – so you can explore where your gut feelings will take you. One thing you need to remember when it comes to intuition, there is no right or wrong. You may find that your skills develop faster the more trust yourself.

# KITCHEN WITCH'S CAULDRON HERBAL LEMON COOKIES

## Ingredients:

1 cup Butter or margarine  
2 cups Sugar, divided  
2 large Eggs  
1 teaspoon Vanilla extract  
2 1/2 cups Flour  
2 teaspoons Baking powder  
1/4 teaspoon Salt  
1/3 cup Lemon Grass, Lemon  
Balm or Lemon Basil chopped



## Method:

Cream the butter and 1-3/4 cups sugar.

Add the eggs and vanilla.

Beat well.

Combine the flour, baking powder, salt, and herbs.

Add to the creamed mixture and mix.

Drop dough by teaspoonfuls, 3 inches apart, on a greased cookie sheet.

Flatten slightly with a fork or cup bottom.

Sprinkle lightly with the remaining sugar.

Bake at 350 degrees for 8 to 10 minutes or until barely browned.

Cool slightly, then remove to a rack.

from: [www.ravenandcrone.com/catalog/a4/Litha,-Summer-Solstice-Food-Recipes/article\\_info.html](http://www.ravenandcrone.com/catalog/a4/Litha,-Summer-Solstice-Food-Recipes/article_info.html)

# Q&A WITH NIXIE

## THE PENTACLE

The Pentacle is by far the most famous symbols associated with witchcraft. The pentacle has been seen throughout history in all over the world, mostly in some philosophical works. The pentacle holds as much meaning to people today as it did thousands of years ago. It is a symbol, an icon that tea us we can bring nature and spirit together within us.

You can see the pentacle in many places, and one of the most famous is within the heart of at Apple. Grab an apple and cut it horizontally, within it you will see a 5-pointed star, carrying 5 seeds. Some believe that this is a symbol for new life.



### WHAT DOES THE PENTACLE REPRESENT??

This may differ from person to person, but here is what I believe it to be... The pentacle is a representation of the 4 natural elements Earth, Air, Fire, Water and the 5 point (the upward facing point) is a representation of Spirit, (or Aether or Akasha). The circle represents bringing all these things together, the unity of them all.

The pentacle has appeared in many cultures from the ancient Babylonians to the Celts, to the Native Americans. For each culture the symbol means something slightly different, but always along the same line of thought. The 5-pointed star even appears in Christianity, and it represents the 5 wounds Christ received on the Cross.

During the religious turmoil in Europe (and other places), the fear of witches grew to such proportions, the “Witch Trials” began. During the Witch Trails those who used the pentacle as an amulet or talisman would create them out of disposable materials. Clay and straw were very popular. Today we live in a slightly more enlightened world (only very slightly), and we can create pentacle out of various materials - glass, metal, stone - materials much harder to destroy. Many people wear jewellery that include a pentacle (I wear a necklace and/earrings).

I read something a while ago starting “when a pentacle is made out of silver, it represents the moon and psychic abilities. When a pentacle is made of gold, it represents the sun, power and strength.” Another very popular form of “wearing” a pentacle (or pentagram - a 5-pointed star) is as a tattoo. This is something that many Pagans/Witches/Wiccans choose to do as a sign of the permanency of their faith.

The history of the pentacle is a tapestry of cultures and meanings. It’s seen as a symbol of protection and unity to some, to others it is a negative symbol.



# SHADOW WORK

## SCRYING RITUAL:

### JULY 3RD FULL MOON IN CAPRICORN

JULY 2023 RITUAL  
BY ELYSE WELLES

For most on the east coast of the US, when you wake on July 3rd, the full moon will be here. This moon very much has a “get up and go” energy: Capricorn is the sign of productivity, seeing the vision of what you’re working towards more clearly, and finding ways to organize your time and energy more effectively for the goals you have.

As an earth sign, Capricorn asks you to get grounded. Emotionally, Capricorn is very balanced, so this is a great moon for shadow work. This will be a private sort of ritual, beginning emotionally charged and moving into an active, productive experience.

#### YOU WILL NEED:

- A scrying tool (more on that below)
- A solid, quiet, undistracting environment you are comfortable in (a relaxing playlist might be a good idea)
- Incense of your choice: grounding incense blends like sage, frankincense, myrrh, patchouli, sandalwood, cedarwood, or vetiver
- Your journal or preferred planning tools (this might be your computer, and even if that feels “unmagical” in ritual, it’s ok!)

Scrying is an active form of meditation. It is the act of looking at something with an altered state of consciousness and clearing your mind, leaving yourself open to visions and guidance from the other side. This guidance can be given by a deity you call into your space, your spirit guides, or even the spirits of the land you’re on. For this ritual I would recommend calling in the spirits and deities you know have your best interests at heart. If you’re just beginning your relationship with them, this could be a good exercise in getting to know each other as you’ll be sharing your goals with them and opening yourself to their advice.

Scrying has been done by every culture throughout history, but these are a few examples of tools or methods you can use:

- A black mirror. Paint a mirror of any size black.
- A bowl of water. A darker bowl works best.
- The clouds (on a safely less-sunny day to not damage your eyes.)
- A candle flame. Again, don’t damage your eyes here so a soft flame or viewing it through a cloth or with sunglasses could be safer.
- An egg in a bowl. A light-colored bowl works best for this technique.
- Ink blot/paint scrying. Also known as “Rorschach scrying,” drop ink or paint onto a piece of paper, fold it in half, and unfold it to reveal symmetrical inkblot patterns you can scry into. For an added layer of magick, use moon blood (yes, period blood!)
- Smoke scrying. Look at the incense smoke as it rises.
- Crystal ball. Definitely the most expensive option, but it’s a classic!



# THE RITUAL

In your undistracting, peaceful environment, gather your tools. Bring them all into your magical space with you, so they're easily accessible when you begin. If you call in the elements or deities in your practice, invite them, and set your sacred space.

Verbally set your intentions:

“On this full moon in Capricorn, I invite guidance on my goals [state your goal(s)]. Show me where I must become more grounded: show me the work I need to do, the obstacles I must overcome. Show me what is keeping me from my goals. Give me the next steps on my path to success.”

Begin scrying. Have your journal ready to write down anything you see. Don't try to make sense of what you see while you're seeing it, just see it. If an epiphany comes, write that down too; but the important part of scrying is keeping the channel between you and the divine open. The scrying tools are like a transmitter that helps us see what we need to: keep observing, almost passively. I suggest scrying for five to ten minutes: long enough that your mind will settle, but not too long that it'll need to wander.

After you've recorded the signs you've seen, the visions you had, begin deciphering. Look over all of the signs: what are they saying about your path? Don't overthink this too much, trust your instincts and sixth sense on this. As with all symbology, the images can have more general meanings, like a tree means growth or wisdom, or a hawk means vigilance; but if you see a sign that is more personal for you, trust your instincts on what it means. If you see a butterfly to represent family because of its significance to your family, that is a valid interpretation and likely why your guides would show it to you.

Get to a place in your plans and goals you're writing out that leaves you feeling empowered. If some dark realizations or heavy shadow work came up in your scrying, stay with your journaling long enough to work through that first overwhelming shock of anger or sadness. Capricorn is here to ground you. Release that pain into the earth. The universe's mothering energy can handle it. You don't need to carry it into success with you. When we are presented with our shadows, it's an opportunity for strength: to look our insecurities in the eye and work through them. Maybe that's the planning you're doing – how to continue doing this work so you can make it to your goals. It's important to leave this ritual empowered: let the moon, your guides, and deity empower you.

When releasing your deities and elements if you've called them in, remember to thank them for their guidance and help, and if you're called to, ask them to continue to guide you on these goals. Give an offering here if you're called to; or make a conscious effort to do something good for your environment the next day (setting up a bird feeder, TNR-ing the local stray cat population, planting a tree, picking up litter, etc.)

Scrying can be very difficult on us emotionally and physically; ground yourself back in nature afterwards, with a nice relaxing walk or a cup of tea on your porch. If you used water in your scrying, throw it outside at the base of your favorite trees or plants. And if it's dark, all the better: look up and around you for the moon, and give gratitude for her energy and blessings.





# EMBRACING THE FULL MOON'S RADIANCE: A CALL FOR DIVERSE METAPHYSICAL CONTRIBUTIONS

BY CHRISTY MANN

The enigmatic glow of the full moon has long inspired intrigue and wonder, evoking a sense of magic and mystery. As Full Moon Magazine embarks on a new phase of its journey, we seek to amplify our offerings and cultivate a more diverse and inclusive exploration of metaphysics. While we deeply cherish the valuable insights on witchcraft and pagan practices that have graced our pages, we now extend an open invitation to writers from all backgrounds to contribute their unique perspectives and enrich our understanding of the metaphysical realm. Let us unite under the luminosity of the full moon, embracing a vibrant tapestry of metaphysical wisdom.

## Defining Metaphysics

Metaphysics serves as a gateway to realms beyond the ordinary, delving into profound questions of existence, consciousness, and the nature of reality. While witchcraft and pagan practices have been prominent within our magazine, we recognize the need to expand our scope and embrace a wider range of metaphysical disciplines. This expansion enables us to create a comprehensive and dynamic discourse that encompasses the diverse dimensions of metaphysics.

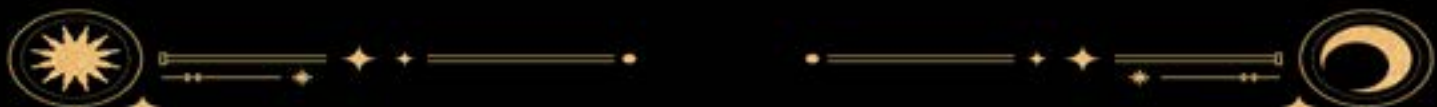
## Embracing Inclusivity

In celebrating the richness of metaphysical exploration, we invite artists from all

walks of life to share their perspectives and creative works with our readers. Whether it be the study of energy healing, quantum metaphysics, psychic development, shamanism, psychology, or parapsychology, your insights are valued and sought after. By welcoming diverse viewpoints, we foster a more inclusive and vibrant tapestry of metaphysical knowledge within the pages of Full Moon Magazine.

## Unveiling New Insights

As we open our pages to a broader range of metaphysical content, we encourage writers to illuminate the lesser-explored aspects of the metaphysical realm. Share your experiences, research, and wisdom on topics such as consciousness expansion,



the interplay between metaphysics and psychology, the captivating mysteries of quantum physics, and the study of parapsychology. By delving into these uncharted territories, we collectively unveil new insights and deepen our connection to the metaphysical tapestry.

### **Nurturing a Community of Seekers**

Full Moon Magazine is not merely a publication; it is a gathering place for seekers of metaphysical wisdom. Through our expanded focus, we aim to foster connections and collaborations among individuals from diverse backgrounds. Engage in meaningful conversations, ignite transformative discussions, and embrace the exchange of ideas that broaden our collective understanding of the metaphysical realm.

### **Sharing Your Wisdom**

Are you a writer with a passion for

metaphysics? Join us in this exhilarating journey of exploration and growth. Submit your articles, personal reflections, interviews, or concise thought pieces—each contribution an opportunity to share your unique wisdom and insights with our vibrant community of readers. Let us co-create a sacred space under the full moon's radiance, where metaphysical seekers find inspiration, guidance, and a deeper understanding of the vast metaphysical tapestry.

As Full Moon Magazine enters a new phase, we extend a heartfelt invitation to writers worldwide. While honoring the invaluable contributions of witchcraft and pagan practices, we seek to embrace a more diverse and inclusive discourse. Together, let us illuminate the metaphysical landscape through a kaleidoscope of perspectives, enriching our understanding of the interconnectedness of existence. Share your metaphysical insights, add your voice to the symphony of wisdom, and bask in the radiance of the full moon as we embark on this transformative journey together.



# THE WADJET

## THE EYE OF HORUS - THE EYE OF RA

BY NIXIE VALE

The Wadjet is a powerful symbol of protection from Ancient Egypt and means “whole one”. The Wadjet was also known as The Eye of Horus and was often incorporated into jewellery to ensure the wearer is safe, healthy. Later it became known as the Eye of Ra too and was linked to fiery sun and a powerfully destructive symbol.

The Wadjet was also personified by a goddess of the same name. Wadjet is one of the oldest goddesses of ancient Egypt. Wadjet was the personification of Lower Egypt, and was often depicted with her sister Nekhbet, who was the personification of Upper Egypt.

### THE EYE OF RA



In later stories and traditions, the right eye was associated with the Sun and was called the Eye of Ra, and some stories say it was the right eye that was torn out. This story was the Egyptian’s way of explaining a Solar Eclipse.

According to myths the Eye of RA was an aspect of his daughter, Ureas. He sent her to punish mankind after the ridiculed him and thought him weak. The “daughter of Ra” came to earth in the form of a lion, and she waged war on mankind. When Ra saw the devastation, she has caused he hatched a plan to get her back to his side. There are several goddesses that are associated with being the daughter of Ra. Hathor, Sekhmet, Bast, Wadjet, Nekhbet, Tefnut and Mut

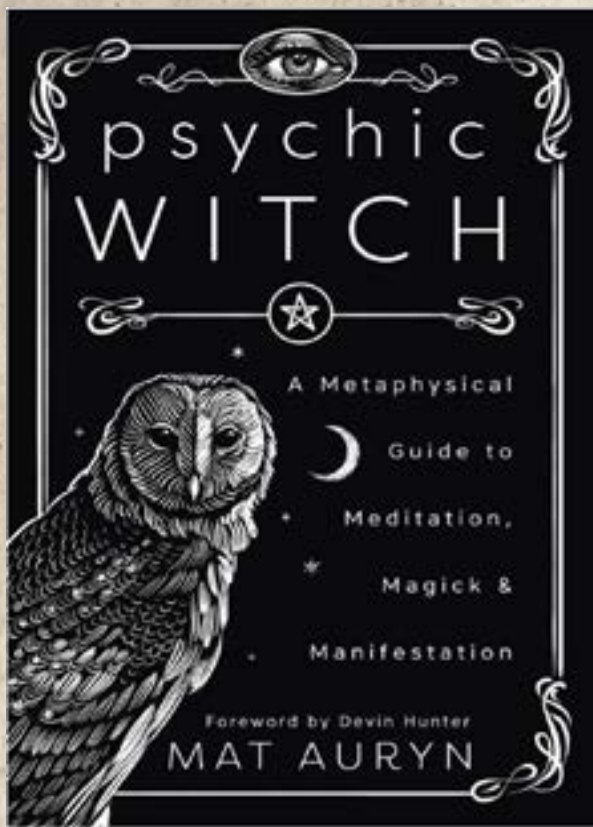
### EYE OF HORUS



Horus was an Ancient Egyptian sky God whose eyes were said to be the sun and the moon. Ra was also associated with the sun, and Thoth was associated with the moon. The story goes that Horus has his eye torn out during a battle with Set. Thoth magically restored the eye, and it was given the name “Wadjet” which means whole. In another story, Horus gave his eye to Osiris to help him rule the netherworld. Osiris ate the eye and was restored to life and it’s because of this that the eye of Horus is linked with resurrection.

The eye of Horus was also used as a method of measurement, especially for medicine and remedies. The eye was split into 6 parts which represents the “shattering” of Horus’ eye into six pieces. Each part represented one of the six senses (thought was a sixth sense in ancient Egypt) and a fraction.

# BOOK SPOTLIGHT



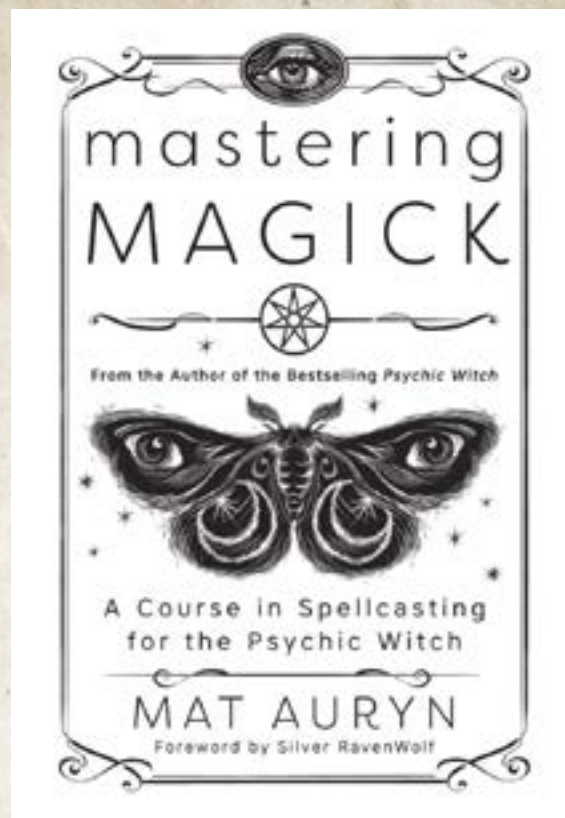
## **Psychic Witch** By Mat Aurny

Discover how to be a powerful psychic witch with this book on wielding energy and awakening your psychic senses. *Psychic Witch* explores the relationship between psychic ability and magick, interweaving them to create a strong foundation for accessing the full potential of your mind, body, and spirit. Mat Aurny reveals some of his most closely guarded tips, secrets, practices, and meditations so that you can master the perception and manipulation of energy. Featuring over ninety exercises and the inner tools you need to perform magick anywhere and at any time, *Psychic Witch* helps you tune in to yourself and the subtle energies of the world.

“A rare jewel that radiates clarity of spirit that is genuinely manifest therein.”--Maxine Sanders, cofounder of the Alexandrian Tradition of Witchcraft

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Llewellyn Worldwide, Language: English, Paperback, 312 pages



## **Mastering Magick** By Mat Aurny

Boost your psychic ability and incorporate the greater mysteries of magick into your practice with this groundbreaking book by bestselling author Mat Aurny. A companion to *Psychic Witch*, *Mastering Magick* features more than 60 spells and is the first book of its kind to focus on casting magick to bridge the divide between the seen and unseen worlds. Mat teaches you how to connect with the witch's tools, the elements, the moon, the seasons, and the planets to enchant yourself as a powerful psychic witch. You'll learn the mechanics of spell work and how to make your magick as effective as possible. In addition to Mat's own tried-and-true castings, *Mastering Magick* features more than a dozen spells from well-known witches and practitioners, including Christopher Penczak, Storm Faerywolf, Astrea Taylor, Madame Pamita, and others.

“Mastering Magick encourages the reader to explore their boundaries to deepen and enrich their practice...Posing questions to help us explore the energies we work with as witches, he asks us to look at them anew.”--Arin Murphy-Hiscock, author of *The Green Witch*

Llewellyn Worldwide, Language: English, Paperback, 240 pages

# CLASSIFIEDS

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