

Metaphysical Times

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FULL MOON

ISSUE 24 MARCH 2024

MAGAZINE

**Intuitive Reading for the Month
of April: Take the Chance**

**Lectura intuitiva para el mes de
abril: Aprovecha la oportunidad**

**What If:
The Solar Eclipse
Unleashed
Unforeseen Forces?**

**Eclipsed by Destiny:
Embracing the Cosmic
Call**

**Unveiling the
Mystical Veil:
Exploring the Metaphysical Depths
of April's Total Solar Eclipse**

**FEATURED ARTIST:
EVA CREATURE**

**APRIL PINK MOON RITUAL:
Honoring Renewal and Growth**

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FULL MOON

MAGAZINE

Want to write for Metaphysical Times Full Moon Magazine?

Metaphysical Times is always willing to consider metaphysical and pagan themed content for the magazine. We serve a spiritually based audience and support artists in their endeavors to do what they love and thrive by providing this space so they can be seen, connect with the right people, and succeed the best way we can.

What We Want for the Full Moon

Text based interviews with pagan business owners, musicians, artists, and authors are always considered. Visual works of art created by humans, poetry, photography, song lyrics, short fictional pieces, personal narratives, spiritual experiences, book, game, music, and movie reviews. At least loosely based on or connected to the Full Moon is preferred.

What We Don't Want

Political rants or screes, satire, stories blaming your problems on other people, articles involving cruelty as entertainment, anything comparing your life to the holocaust, articles about how everything was fine until X, articles promoting violence against any group.

Please read and follow the submission guidelines

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The Metaphysical Times **Full Moon Magazine** is a pagan print and online magazine made in Northern, Utah bringing news, interests, and services to the pagan community in the US and abroad.

The magazine is printed monthly. This publication is a conduit for connecting people from all walks with practices, information, and entertainment that is relevant to them.

Reader Advisory- Mature Content

Contact (385) 240-2822

www.metaphysical-times.com

Publisher

Christy Mann

metaphysicaltimesidf@gmail.com

Lead Editor

Alecia Berbenick

editor@metaphysical-times.com

Layout/Design Manager

Sabrina RG Raven

enquiry@sabrinargraven.com

Logistics

Henry Dalton

henrydalton379@gmail.com

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FROM THE TEAM:

Welcome, dear readers, to the enchanting realm of Full Moon Magazine, where the magic of creativity knows no bounds and the luminous glow of inspiration illuminates every page. As the moon waxes full and casts its ethereal light upon the world, we invite you to join us on a journey unlike any other—a journey fueled by passion, imagination, and the boundless potential of human expression.

At Full Moon Magazine, our mission is simple yet profound: to celebrate and share the diverse talents of creatives from all walks of life, spanning the vast spectrum of artistic endeavor. Whether you're drawn to the haunting melodies of a musician, the evocative brushstrokes of a painter, or the lyrical prose of a poet, you'll find a

home within our hallowed halls.

But our goals extend beyond mere celebration; we strive to cultivate a community of support and solidarity, where creatives of every stripe can thrive and flourish. In these pages, you'll discover not only the works of established luminaries but also the voices of emerging talents waiting to be discovered. We believe that by uplifting one another, we can elevate the collective consciousness and usher in a new era of artistic enlightenment.

So, we humbly ask for your support in this noble endeavor. Follow the journeys of the creatives you encounter within these pages, immerse yourself in their worlds, and lend your encouragement to their endeavors. Whether it's through a kind word, a social media share, or the purchase

of their work, your support has the power to fuel their dreams and inspire greatness.

Together, let us bask in the radiant glow of creativity, guided by the gentle light of the full moon. Let us celebrate the beauty of human expression in all its myriad forms, and let us forge connections that transcend boundaries and unite us in our shared love of art.

Welcome to Full Moon Magazine, where creativity shines brightest and dreams take flight. Thank you for joining us on this extraordinary journey—we couldn't embark on it without you.

With all our love,
The Metaphysical Times Team

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UNVEILING THE MYSTICAL VEIL: EXPLORING THE METAPHYSICAL DEPTHS OF APRIL'S TOTAL SOLAR ECLIPSE

BY HENRY DALTON

April, as the cosmos orchestrates its celestial dance, Earth finds itself under the spell of a total solar eclipse. Beyond its scientific marvel, this cosmic spectacle carries profound metaphysical significance, intertwining the realms of magic, human consciousness, and the physical world. As the moon momentarily obscures the radiant sun, let us embark on a journey to unravel the mystical correlations that lie beneath this awe-inspiring phenomenon.

The Dance of Celestial Bodies

In the realm of astrology and metaphysics, the alignment of celestial bodies holds profound significance. A solar eclipse occurs when the moon, in its elliptical orbit around Earth, positions itself perfectly between our planet and the sun, casting its shadow upon the Earth below. This alignment is more than just a cosmic coincidence; it serves as a symbolic reminder of the intricate interconnectedness of the universe.

Magical Energies and Cosmic Forces

For practitioners of magic and occult traditions, eclipses are pivotal moments of heightened energy and transformation. The merging of solar and lunar energies during a total solar

eclipse creates a potent cocktail of magical forces, amplifying spells, rituals, and intentions. Ancient civilizations revered eclipses as sacred portals, conduits for communion with divine energies and cosmic wisdom.

During this celestial event, the veil between the physical and spiritual realms thins, allowing for deeper introspection, divination, and spiritual awakening. It is a time for harnessing the power of intention, for setting intentions for personal growth, healing, and manifestation. The cosmic energies unleashed during a total solar eclipse offer a unique opportunity to align with the rhythm of the universe and co-create our reality.

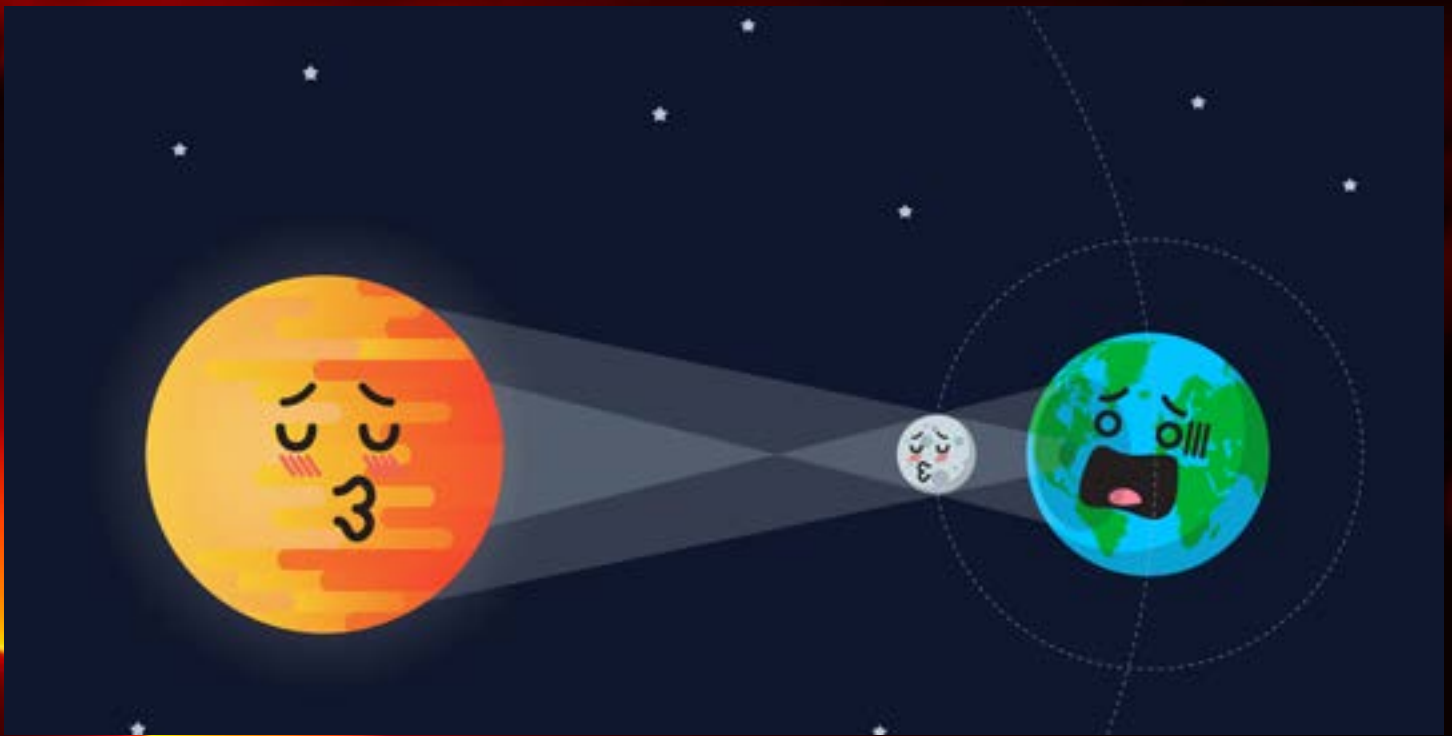
Human Psyche and Collective Consciousness

The impact of a total solar eclipse

extends beyond the realm of magic and mysticism; it permeates the collective psyche of humanity. Throughout history, eclipses have evoked a sense of wonder, awe, and even fear among cultures worldwide. Ancient civilizations interpreted eclipses as omens of change, heralding shifts in power, consciousness, and destiny.

Psychologically, the symbolism of darkness encroaching upon light speaks to the duality inherent within the human experience. It mirrors the eternal struggle between shadow and illumination, between the conscious and unconscious aspects of the psyche. A total solar eclipse invites us to confront our inner shadows, to embrace the darkness within, and to embark on a journey of self-discovery and transformation.

Moreover, the collective consciousness during a total solar eclipse



becomes attuned to the cosmic pulse, resonating with the rhythm of the universe. It is a time of heightened sensitivity, intuition, and synchronicity, as individuals experience profound shifts in perception and awareness. Communities come together to witness this celestial spectacle, forging connections and shared experiences that transcend cultural boundaries.

Physical Manifestations and Natural Phenomena

The metaphysical influence of a total solar eclipse extends beyond the realms of magic and human consciousness; it permeates the fabric of the physical world. Scientifically, eclipses influence atmospheric conditions, animal behavior, and natural phenomena. Birds may cease their chirping, animals

may retreat to their dens, and the temperature may drop as the moon's shadow sweeps across the land.

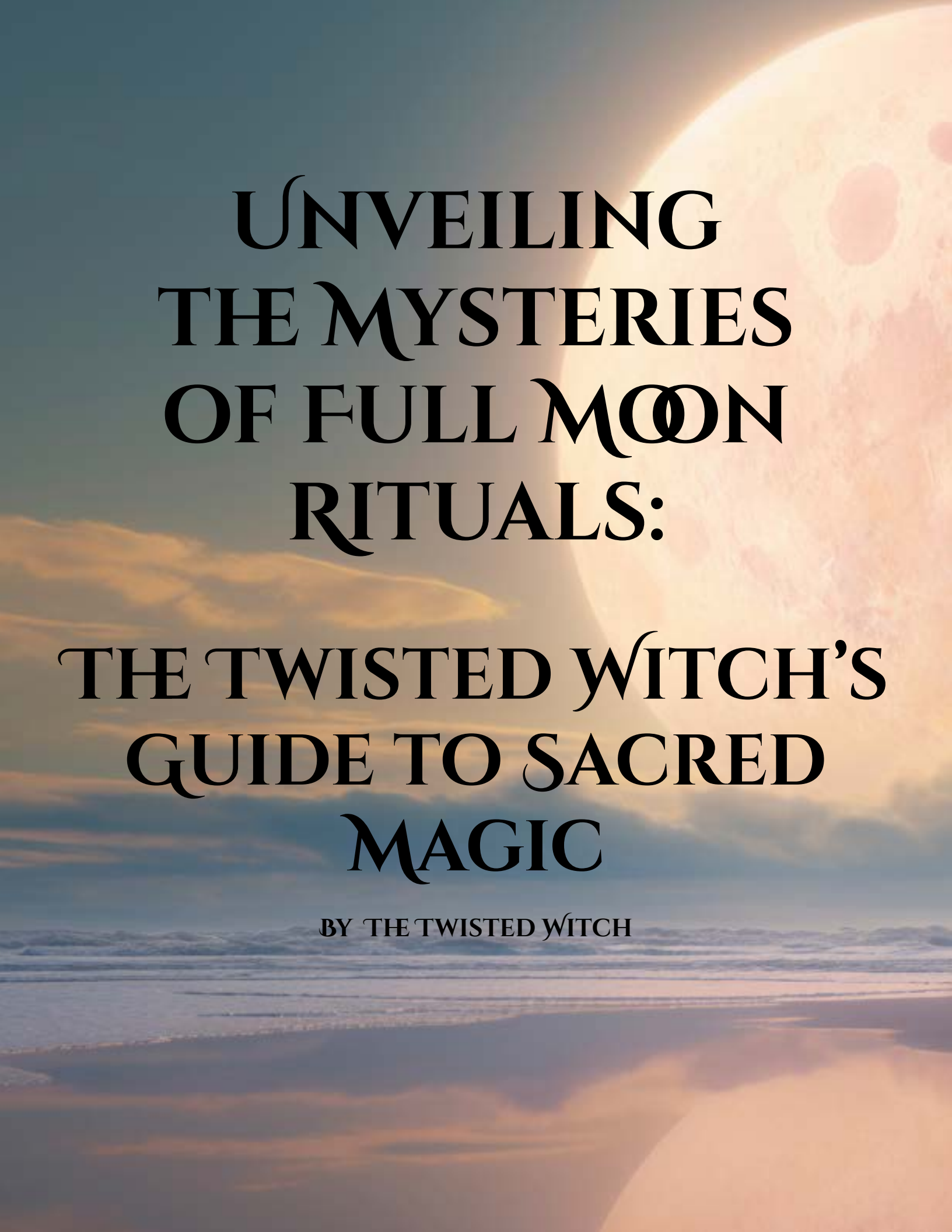
In addition to these observable phenomena, anecdotal accounts abound of inexplicable occurrences during eclipses, from electronic malfunctions to heightened paranormal activity. Some attribute these phenomena to the disruption of electromagnetic fields, while others interpret them as manifestations of metaphysical energies at play.

As we stand in awe of April's total solar eclipse, let us not merely gaze upon it with scientific curiosity but also with reverence for its metaphysical significance. In the grand tapestry of the cosmos, eclipses serve as reminders of our interconnectedness with the

universe and the unseen forces that shape our reality.

Through the lens of magic, human consciousness, and the physical world, we glimpse the profound correlations woven into the fabric of existence. In embracing the mysteries of the eclipse, we embark on a journey of exploration and self-discovery, guided by the timeless wisdom of the stars.


As the sun emerges from behind the moon's shadow, may we carry forth the insights gained from this celestial spectacle, illuminating our path with newfound clarity and purpose. For in the dance of celestial bodies, we find echoes of our own journey—a journey of transformation, enlightenment, and transcendence.

The background of the entire image is a photograph of a large, bright full moon in a twilight sky. The sky is a mix of soft blues, purples, and oranges, with some wispy clouds. Below the horizon line, which is roughly in the middle of the image, is a body of water that reflects the colors of the sky and the moon. The overall mood is mystical and serene.

UNVEILING THE MYSTERIES OF FULL MOON RITUALS:

THE TWISTED WITCH'S GUIDE TO SACRED MAGIC

BY THE TWISTED WITCH



In my world, the full moon isn't just a celestial event; it's a gateway to unlocking the potent energies of the universe. As we delve deeper into the art of modern magic, we embark on a journey that challenges conventional boundaries and embraces the darker, more primal aspects of our craft. In this continuation of *The Twisted Witch's Guide to Modern Magic*, we explore the intricacies of performing rituals under the enigmatic glow of the full moon.

Rituals, the cornerstone of any witch's practice, serve as conduits for channeling intention, manifesting desires, and communing with unseen forces. But in the realm of the arcane, not all rituals are created equal. Some demand more than mere words and symbols; they require sacrifice. Enter sacrificial magic—a concept that sends shivers down the spines of the uninitiated but resonates deeply with those who walk the crooked path. Let me be clear: this isn't about grotesque displays of violence or cruelty. It's about

offering a piece of oneself, a symbolic gesture of dedication and reverence to the forces we seek to invoke.

In my rituals, I work with blood and other bodily fluids, not out of malevolence, but out of necessity. These fluids, imbued with the essence of life itself, serve as potent catalysts for magical workings. However, let there be no misunderstanding: I do not advocate for the sacrifice of innocent beings. Instead, I offer my own fluids, in minuscule quantities, as a gesture of commitment.

Picture this: beneath the silvery radiance of the full moon, I stand at the threshold of the sacred circle, parchment in hand. With a single, deliberate prick of my finger, a droplet of crimson falls, staining the paper with the essence of my being. As it ignites in the flames of the ritual fire, I feel a surge of power, a reaffirmation of my connection to the unseen realms.

But sacrificial magic isn't just about bloodletting; it's about

intention, focus, and respect for the forces we invoke. Each drop of fluid serves as a conduit for our will, a beacon that guides our desires into the tapestry of reality. Whether it be a drop of blood, a tear shed in sorrow, or the sweat of exertion, every fluid carries its own unique resonance, its own message to the universe.

As practitioners of the dark arts, we walk a fine line between light and shadow, between creation and destruction. But it is in this dance of duality that we find our true power. By embracing the taboo, the forbidden, we reclaim our sovereignty over the forces that shape our world.

So, as the full moon rises high above, casting its ethereal glow upon the earth, remember this: within its luminous embrace lies the potential for transformation, for transcendence. And in the sacred art of sacrificial magic, we discover the true essence of our craft—unbridled, unapologetic, and undeniably powerful.



THE BEAUTY AND A BEAST

BY LANCE MANION

How her peers didn't see the caterpillar inevitably becoming the butterfly is beyond any reasonable explanation. It was as simple as Clark Kent removing his glasses. Sometimes high school and college are a lot like the newsroom of the Daily Planet.

On the other hand, it was easy to see how he became the beast from an early age. He came from wealth, was strikingly handsome and he seemed to move through medical school and into a career as a surgeon effortlessly.

When she finally removed the glasses she became an entirely new creature.

His secret was that he also became a new creature every now and then. During full moons to be specific.

The attraction between them was primal and had a sense of urgency that surprised them both.

Eventually the walls came down and he was able to share his secret and she did her best to help him navigate the curse.

There, 200 pages of story compressed into 136 words. Like a literary trash compactor.

You're welcome.

The reason you didn't need the 200 pages is because the archetypes have been explored so many times and in so many settings that any reasonable man or woman can fill in the gaps without any additional information. If you were at any time to vary any of the traditional clichés offered up you immediately know it doesn't ring true and the arch of the story collapses.

Good girls and bad boys are at the beating heart of not only every decent narrative throughout history but also take center stage in every society. Beating, racing, fluttering, we've all been there.

We're all there now.

So the story builds to the exciting conclusion that you should have seen coming a mile away. A conclusion built countless times before by more adept architects.

For all the good the man tries to do, the monster still lurks within and occasionally comes out and wreaks chaos, and then when he is found out the mob descends with the intention of stringing

him up.

He attempts to use his charm and influence to reason with them to no avail.

Ever the devoted partner, she attempts to intervene and use her feminine wiles to sway them. All the while the clock is ticking and the full moon is about to be revealed in the nighttime sky.

You know exactly how this is going to play out but you can be excused if your heart is racing or fluttering a bit at this juncture.

As usual, reason is useless and the beast is forced to flee with the mob in hot pursuit.

He safely makes it to his sprawling estate and confines himself in a safe room until the dawn.

... at least until he sees his lover being set upon by the frothing crowd courtesy of a bank of security cameras. Torn by the implications of his actions, he hurries to save her before the transformation begins. Tick tock. Tick tock.

By the time he reaches her she is badly wounded. He heroically scoops her up and attempts to return to his safe room, but realizes at last that she will die if he does not immediately attend to her wounds. A decision that in reality is both in keeping with and in violation of his Hippocratic Oath.

Unable to watch her die in his arms he stops and begins to treat her.

It's then the light of the full moon bursts forth into the room and he feels himself becoming the monster.

The beast.

He fights it with all his fading strength... and inevitably fails.

The next morning the authorities find her eviscerated corpse, validating every fear and bias the townsfolk held.

Tale as old as time

Song as old as rhyme

Beauty and the beast

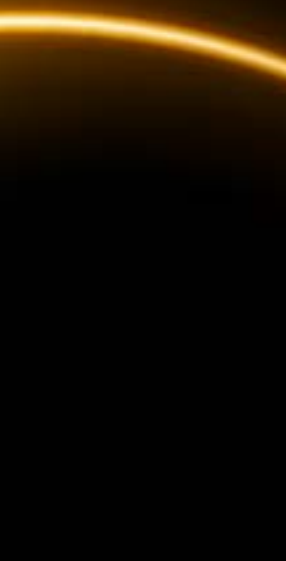
WHAT IF: THE SOLAR ECLIPSE UNLEASHED UNFORESEEN FORCES

BY CHRISTY MANN

In my world, the solar eclipse isn't just a celestial event—it's a catalyst for the extraordinary. As the moon obscures the sun, the veil between the mundane and the mystical things, inviting the extraordinary to seep into our realm. What if the tales whispered by elders and mystics, the omens foretold in ancient texts, hold a grain of truth? What if the solar eclipse isn't merely a spectacle in the sky, but a harbinger of unexplained phenomena and profound shifts in our reality?

Before the eclipse, whispers sweep through communities, tales of strange occurrences and unsettling premonitions. Animals behave erratically, sensing the impending disruption in the natural order. People experience vivid dreams, visions of futures both wondrous and terrifying. Skeptics scoff, dismissing these omens as mere superstition. But as the moon inches across the sun, reality bends, and the skeptics are forced to confront the inexplicable.

During the eclipse, shadows dance with a life of their own, casting ominous shapes that seem to defy logic. Time itself appears to stutter and skip, as though the very fabric of existence is unraveling. Some claim to glimpse otherworldly beings lurking in the darkness, ancient entities awakened by the celestial alignment. Others speak of sudden bursts of inspiration, as though



the eclipse has unlocked hidden depths of creativity within their minds.

After the eclipse, the world is forever changed. Strange phenomena become commonplace, blurring the lines between science and the supernatural. Crops flourish in barren soil, imbued with an otherworldly vitality. Mysterious illnesses vanish without a trace, leaving doctors baffled and patients grateful. Yet, alongside these blessings, darker forces stir.

Natural disasters ravage the land with unprecedented ferocity, as though the elements themselves have been unshackled from their eternal slumber. Strange cults emerge, worshiping the eclipse as a divine event heralding the dawn of a new era. And individuals gifted with strange abilities, their minds touched by the eclipse's transformative power, struggle to navigate a world that no longer makes sense.

In my world, the solar eclipse isn't just a fleeting spectacle—it's a catalyst for the extraordinary, an event that reshapes the very fabric of reality. What if the tales of old, the whispers of mystics, hold more truth than we dare to imagine? What if the solar eclipse is just the beginning of a journey into the unknown, where the lines between myth and reality blur, and anything is possible?

KITCHEN WITCH'S CAULDRON MIDNIGHTS COOKIE

Ingredients

- 3 1/3 cups (568 grams) semisweet chocolate chips
- 6 ounces (170 grams) unsweetened chocolate
- 3/4 cup (94 grams) all-purpose flour
- 3/4 cup (60 grams) cocoa powder
- 1 1/4 teaspoons fine salt
- 1 1/4 teaspoons baking soda
- 2 sticks (227 grams) unsalted butter, softened
- 1 2/3 cups (367 grams) light brown sugar
- 2 large eggs
- 2 teaspoons espresso powder
- 1 teaspoon vanilla extract
- Nonstick cooking spray (optional)
- Nonpareils (optional)



Instructions

In a small saucepan over low heat, add 1 2/3 cups (284 grams) of the bittersweet or semisweet chocolate and the unsweetened chocolate, and heat, stirring frequently, until nearly melted. Remove from the heat and keep stirring until fully melted and smooth. Set aside.

In a medium bowl, whisk together the flour, cocoa powder, salt and baking soda until combined.

In the bowl of a stand mixer fitted with the paddle attachment, or using a hand mixer and a bowl, beat the butter and brown sugar on medium speed, until light and fluffy, about 4 minutes. Beat in the eggs one at a time, stopping the mixer and scraping down the sides and bottom of bowl as needed. Add the melted chocolate, espresso powder and vanilla extract and mix until evenly incorporated. Reduce the speed to low, add the flour mixture and mix until just combined. Add the remaining 1 2/3 cups (284 grams) of the chocolate chips and mix on low just to combine. Cover the bowl and refrigerate until the dough is firm, about 1 hour.

Position a rack in the middle of the oven and preheat to 350 degrees. Lightly coat 2 large sheet pans with nonstick cooking spray, or line with parchment paper.

Drop the dough by the tablespoonful onto the prepared sheets, spacing the cookies about 2 inches apart. Bake for 9 minutes, or until the cookies appear set. Remove from the oven and place a nonpareil, if desired, in the center of each cookie. Let rest on the sheet for 5 minutes, then transfer to a wire rack to cool completely. Repeat with the remaining dough and nonpareils.



ECLIPSED BY DESTINY: EMBRACING THE COSMIC CALL

BY CHRISTY MANN

In my world, the cosmic dance of celestial bodies isn't just a spectacle for the eyes—it's a symphony of energy that resonates deep within the soul. As I watched the live streams of the eclipse, feeling the collective awe and wonder reverberate across the nation, I couldn't help but sense the profound shift unfolding in the fabric of reality.

The synchronized cheers and applause as the eclipse transitioned into totality spoke volumes about the shared human experience, transcending geographical boundaries and cultural differences. In those moments of silence during totality, it was as if time stood still, and the entire world held its breath in anticipation of the unknown.

But it wasn't just the external spectacle that stirred something within me; it was the subtle whisperings of the universe, urging me to take metaphysical and spiritual action. Despite my initial plans to let the day pass without much thought, I couldn't ignore the undeniable pull of the divine calling me to embrace this cosmic event with open arms.

In that moment of surrender to the unknown, I felt a sense of empowerment unlike anything I had experienced before. It was as if the universe itself had orchestrated this moment, guiding me towards a path filled with uncertainty yet brimming with infinite possibilities.

As I embark on this journey into the unknown, I do so with a sense of anticipation and readiness for whatever may come. I may not know what the future holds, but I trust in the divine guidance that has led me to this moment. Whatever unfolds from this cosmic encounter, I know it will be nothing short of extraordinary—a testament to the interconnectedness of all things and the limitless potential that lies within each of us.

INTUITIVE READING FOR THE MONTH OF APRIL: TAKE THE CHANCE

BY CHRISTY MANN

As I enter into meditation and connect with the universal energies for guidance on the month of April, a clear message resonates: “Take the chance.” The universe urges us to embrace opportunities that come our way, to step out of our comfort zones, and to boldly pursue our dreams and aspirations. This month, the cosmos invites us to trust in the unknown, to leap into the void with faith and courage, knowing that greatness awaits on the other side.

Week 1 **(April 1st - April 7th)** **Embracing New** **Beginnings**

As April begins, the energy is ripe for new beginnings and fresh starts. The universe presents us with an array of opportunities, each beckoning us to take the chance and embark on a journey of growth and transformation. This week, pay close attention to the whispers of intuition and the signs from the universe guiding you toward your next adventure. Trust in the process, and be open to the magic of new beginnings unfolding before you.

Week 2 **(April 8th - April 14th)** **Seizing Opportunities**

In the second week of April, the universe showers us with opportunities for growth and expansion. It's a time to break free from old patterns

and limiting beliefs, and to seize the chances that present themselves with courage and determination. Whether it's a new job opportunity, a creative project, or a chance encounter with a kindred spirit, trust in the synchronicities of life and follow the path laid out before you. Embrace the unknown with open arms, knowing that every opportunity is a stepping stone on the journey to your highest potential.

Week 3 **(April 15th - April 21st)** **Stepping Into the** **Unknown**

As we venture further into April, the energy intensifies, urging us to step boldly into the unknown. This week, the universe challenges us to confront our fears and doubts head-on, and to take the chance on our deepest desires and aspirations. Trust in your inner guidance, and

have faith that the universe has your back every step of the way. Embrace the uncertainty with grace and confidence, knowing that every leap of faith brings you closer to your true purpose and destiny.

Week 4 **(April 22nd - April 30th)** **Embracing Change**

As April draws to a close, the theme of taking chances reaches its zenith. This week, the universe calls upon us to embrace change with open arms, knowing that transformation is the key to our evolution and growth. Whether it's letting go of old habits, pursuing a new passion, or embarking on a spontaneous adventure, trust in the flow of life and allow yourself to be guided by the wisdom of your heart. Remember, the only way to truly thrive is to embrace the unknown and take the chance on creating the life of your dreams.

LECTURA INTUITIVA PARA EL MES DE ABRIL:

APROVECHA LA OPORTUNIDAD

POR CHRISTY MANN

TRADUCIDO POR MARIA BORDEN

A medida que entro en meditación y me conecto con las energías universales para que me guíen en el mes de abril, resuena un mensaje claro: “Aprovecha la oportunidad”. El universo nos insta a aprovechar las oportunidades que se nos presentan, a salir de nuestra zona de confort y a perseguir con valentía nuestros sueños y aspiraciones. Este mes, el cosmos nos invita a confiar en lo desconocido, a saltar al vacío con fe y coraje, sabiendo que la grandeza nos espera al otro lado.

Semana 1

(1 de abril - 7 de abril)

Abrazando nuevos comienzos

A medida que comienza abril, la energía está madura para nuevos comienzos y nuevos comienzos. El universo nos presenta una serie de oportunidades, cada una de las cuales nos invita a arriesgarnos y embarcarnos en un viaje de crecimiento y transformación. Esta semana, presta mucha atención a los susurros de la intuición y a las señales del universo que te guían hacia tu próxima aventura. Confía en el proceso y ábrete a la magia de los nuevos comienzos que se despliegan ante ti.

Semana 2

(8 de abril - 14 de abril)

Aprovechar las oportunidades

En la segunda semana de abril, el universo nos colma de oportunidades de crecimiento

y expansión. Es un momento para liberarse de los viejos patrones y creencias limitantes, y aprovechar las oportunidades que se presentan con coraje y determinación. Ya sea que se trate de una nueva oportunidad de trabajo, un proyecto creativo o un encuentro casual con un espíritu afín, confía en las sincronicidades de la vida y sigue el camino que se te presenta. Abrazalo desconocido con los brazos abiertos, sabiendo que cada oportunidad es un trampolín en el viaje hacia tu máximo potencial.

Semana 3

(15 de abril - 21 de abril)

Un paso hacia lo desconocido

A medida que nos adentramos en abril, la energía se intensifica, instándonos a adentrarnos con audacia en lo desconocido. Esta semana, el universo nos desafía a enfrentarnos a nuestros miedos y dudas, y a arriesgarnos con nuestros deseos y aspiraciones

más profundos. Confía en tu guía interior y ten fe en que el universo te respalda en cada paso del camino. Abraza la incertidumbre con gracia y confianza, sabiendo que cada salto de fe te acerca a tu verdadero propósito y destino.

Semana 4

(22 de abril - 30 de abril)

Abrazar el cambio

A medida que abril llega a su fin, el tema de arriesgarse alcanza su cenit. Esta semana, el universo nos llama a abrazar el cambio con los brazos abiertos, sabiendo que la transformación es la clave de nuestra evolución y crecimiento. Ya sea que se trate de dejar de lado viejos hábitos, perseguir una nueva pasión o embarcarse en una aventura espontánea, confía en el flujo de la vida y déjate guiar por la sabiduría de tu corazón. Recuerda, la única manera de prosperar de verdad es abrazar lo desconocido y arriesgarte a crear la vida de tus sueños.

THE APRIL PINK MOON RITUAL: HONORING RENEWAL AND GROWTH

APRIL 2024 RITUAL

BY HENRY DALTON

The Pink Moon, also known as the Sprouting Grass Moon, Egg Moon, or Fish Moon, holds a significant place in various cultures and spiritual practices. It signifies the arrival of spring and the renewal of life after the cold winter months. In this ritual, we honor the energy of the Pink Moon and harness its power to cultivate growth, renewal, and transformation in our lives.

About the Pink Moon:

The Pink Moon derives its name not from its color but from the pink flowers known as wild ground phlox, which bloom around this time of year in North America. This full moon typically occurs in April and marks the transition from winter to spring. As nature awakens from its slumber, the Pink Moon symbolizes fertility, rebirth, and new beginnings. It invites us to embrace change and embark on a journey of personal growth and transformation.

Why We Hold This Ritual:

We hold this ritual to align ourselves with the energy of the Pink Moon and harness its power for our own growth and renewal. By connecting with the cycles of nature, we can tap into a deeper understanding of ourselves and our place in the universe. This ritual serves as a sacred space for introspection, intention-setting, and manifestation, allowing us to release what no longer serves us and embrace new possibilities.

History of the Pink Moon:

The Pink Moon has been observed and celebrated by various cultures for centuries. Indigenous peoples of North America named each full moon based on the natural phenomena occurring at that time of year. For example, the Pink Moon signaled the time for planting and harvesting certain crops, as well as the spawning of fish in rivers and lakes. These lunar cycles were integral to agricultural and spiritual practices, guiding communities in harmony with the rhythms of nature.

harmony with the rhythms of nature.

Things Needed for the Ritual:

A quiet and sacred space where you won't be disturbed

A candle (preferably pink or white)

Matches or a lighter

Crystals such as rose quartz, moonstone, or clear quartz

A journal or paper and pen

Any symbols of spring and renewal (flowers, seeds, etc.)

Optional: incense, essential oils, or other tools for meditation and relaxation

THE RITUAL



Preparing the Space: Begin by creating a sacred space for your ritual. Clear away any clutter and set up your altar with the items you've gathered. Light your candle and take a few deep breaths to center yourself.

Setting Intentions: Take your journal or paper and pen, and reflect on what you wish to manifest or release during this lunar cycle. Write down your intentions for growth, renewal, and transformation. Be specific and heartfelt in your words.

Meditation and Grounding: Close your eyes and take several deep breaths, allowing yourself to relax and let go of any tension or stress. Visualize roots extending from your feet into the earth, grounding you firmly to the ground. Feel the support of the earth beneath you as you connect with its energy.

Invocation: Call upon the energy of the Pink Moon and any deities or spiritual guides you resonate with. You can simply speak from your heart or use a specific invocation that resonates with you. Invite their presence and guidance as you embark on this ritual of renewal.

Cleansing and Charging Crystals: Take your crystals and pass them through the flame of the candle, visualizing any stagnant or negative energy being released and transmuted into light. Then, hold each crystal in your hands and set your intentions for them to amplify the energy of renewal and growth throughout the ritual.

Affirmations and Visualization: Repeat affirmations or mantras that resonate with your intentions for growth and renewal. Visualize yourself stepping into a new chapter of your life, filled with abundance, joy, and fulfillment. See yourself shedding old patterns and embracing new opportunities with confidence and courage.

Gratitude and Release: Take a moment to express gratitude for the blessings in your life and acknowledge any lessons or experiences that have led you to this point. Release any attachments to the past or fears about the future, knowing that you are supported and guided by the universe.

Closing: When you feel ready, bring your awareness back to the present moment. Blow out the candle and thank any deities or spiritual guides you invoked for their presence and guidance. Trust that your intentions have been heard and that the energy of the Pink Moon will continue to support you in the days and weeks ahead.

Afterward: After completing the ritual, take some time to integrate the experience. Journal about any insights or feelings that arose during the ritual and make a plan to take inspired action towards your intentions. You may also choose to revisit your intentions regularly throughout the lunar cycle, using them as a guiding light on your journey of growth and renewal.

In conclusion, the April Pink Moon ritual offers us an opportunity to honor the energy of renewal and growth that permeates the natural world during this time of year. By connecting with the cycles of the moon and setting clear intentions, we can align ourselves with the forces of transformation and create positive change in our lives. As we embrace the energy of the Pink Moon, may we find the courage to release what no longer serves us and embrace new beginnings with open hearts and minds.

FEATURED ARTIST: EVA CREATURE

BY METAPHYSICAL TIMES FULL MOON MAGAZINE

Nestled amidst the lush landscapes of Grants Pass, Oregon, resides a visionary artist whose creations blur the boundaries between the earthly and the ethereal. Meet Eva Creature, a professional acrylic painter whose enchanting works beckon viewers into a realm where spirituality and nature intertwine in mesmerizing harmony.

Eva's artistic journey is a testament to her deep-rooted connection with both the natural and spiritual worlds. As a mother of three, a neo-pagan, and an environmental advocate, she channels her beliefs and passions into her art, infusing each piece with a sense of wonder and reverence for the world around us.

Drawing inspiration from the mysteries of nature and the realms of the unseen, Eva's paintings exude a dreamy quality that invites viewers to embark on a journey of imagination and introspection. Her work often features whimsical scenes populated by animals and humanoids, each character a symbol of the interconnectedness of all living beings.

For the past four years, Eva has dedicated herself fully to her artistic craft, honing her skills and refining her unique aesthetic. Her talent has not gone unnoticed; her art has been featured in prestigious publications such as Green Egg Magazine, and she has represented her work at spiritual and metaphysical events across Oregon, including Albany, Coos Bay, Eugene, Grants Pass, and Ashland.

In addition to her solo endeavors, Eva is also a founding member of two burgeoning art collectives, where she collaborates with like-minded creatives



to further explore the intersection of art, spirituality, and environmentalism. Within these pages, we are honored to showcase three captivating samples of Eva's work, each offering a glimpse into the enchanting world she creates with her brushstrokes. From serene forest landscapes to whimsical encounters with mystical beings, Eva's art invites us to pause, reflect, and reconnect with the magic that surrounds us.

To immerse yourself further in Eva Creature's captivating creations, visit her website, Facebook, and Instagram pages, where her portfolio awaits, ready to inspire and delight. Let her art be a reminder of the profound beauty that lies within our natural world and the boundless possibilities that unfold when we embrace our spiritual connection with all living things.



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